Please type or select the requested information. Print completed forms, add appropriate paper attachments, and route through MSU's curricular process for recommendations and decisions.

(Check all that apply):  
College:  
Department:  
Program:  
Type of Change:  
Proposed Change in Title:  
Title Current:  
Title Proposed:  
24-Char. Abbrev:  
Proposal #:  
Effective Date of Change:  
Academic Year:  
(For Office Use Only)  
Course Designator and Number:  
Credits:  
HLTH 215  
1  
HLTH 215  
1

Include a course or program description for the Bulletin (30-40 words maximum for courses, 100 for programs):

This course is for people currently certified (or expired within the last month) in ARC CPR/AED. This course is also for people currently certified (or expired within the last year) in ARC Emergency Response or as a First Responder.

Rationale or Justification for change:

Health Science proposes to recertify CPR and First Responder in one course. The curriculum necessary to recertify can be covered in one semester hour.

***For General Education or Cultural Diversity Courses Only***

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<thead>
<tr>
<th>General Education Course:</th>
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<tr>
<td>GE Category #</td>
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* For Writing Intensive Courses, attach a description of the kind and quantity of writing.
* For Upper Division Courses, include a description of the respects in which it is broad and general rather than narrow and specific, and so suitable as GE.

Attach paper copies of the following:

a. Syllabus or course outline.
b. Course's student learning outcomes associated with each GE competency or CD designation.
c. List of strategies to be used to assess students' achievement of each GE competency or CD designation.

***For New Courses***

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<tr>
<th>Instructional Type:</th>
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<tr>
<th>Course will be offered:</th>
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<tr>
<td>Fall Semester</td>
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<td>Spring Semester</td>
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<td>Summer Session</td>
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| Other courses are being changed or eliminated. (Explain.) |

Course content or title is similar to courses in other departments. (Attach copy of letter of agreement with other program(s) contacted. Indicate the nature of the discussions and/or resolution of differences or potential conflicts.)

Attach paper copies of the following:

a. Syllabus or course outline.
b. Course's student learning outcomes.
c. A list of resources required to offer and support this course.
d. A description of how teaching this course will affect department staffing.
e. If 400/500 level course, an explanation of added expectations of graduate students.
### ***For Program Proposals***

Attach paper copies of the following:

a. Student learning outcomes for the program.
b. Minutes from department and college curriculum meetings in which action was taken on this proposal.
c. Program Assessment Plan. Forms are available on the Academic Affairs Web site: [http://www.mnsu.edu/academic/pra/forms/](http://www.mnsu.edu/academic/pra/forms/)
d. List of program requirements for *New* programs, or a list of *Current* and *Proposed* program requirements for *Redesigned* programs.
e. A list of resources required to offer and support this program.
f. A description of how offering this program will affect department staffing.
g. A list of additional library holdings required for this program.

Please include rationale for any proposed changes in number of program credits.

### ***For Programs Requiring MnSCU Approval***

If any of the following changes are proposed, please fill out and attach MnSCU Program Approval Forms, which are available on the Academic Affairs Web site: [http://www.mnsu.edu/academic/Curriculum/currformsprocess.html](http://www.mnsu.edu/academic/Curriculum/currformsprocess.html)

1. **Creation** of an entirely new program.
2. **Redesign** of existing programs, which takes any of the following forms:
   - Addition or deletion of a program option. Options are part of program design in which 30-50% of the courses are required as part of a common core for all students, and which offers curriculum alternatives greater than 30% of the total number of credits in the major. Options are appropriate to baccalaureate or masters programs.
   - Addition or deletion of a program emphasis. Emphases are part of program design in which more than 50% of the courses are required as part of a common core for all students, and which offers curriculum alternatives with a minimum of nine credits. Emphases are appropriate to associate and baccalaureate programs.
   - Change in program name.
   - Change in program CIP #.
   - Change in TOTAL program credits.
   - Change in degree award. For example, changing a B.A. to B.S.
   - Creation of a new degree award in a related academic area. Examples include creation of a certificate program from an existing degree program, or a new degree program from an existing degree program (e.g., Art History BA from Art BA.)
3. **Relocation** of an existing program. This is a proposal to move an existing program from one site to be exclusively offered at another site, and requires closing the program offered at the original site. For example, a program offered both on-campus and through extended campus is to be offered only at the extended campus site.
4. **Replication** of an existing program. This is a proposal to offer an existing program at a new site, which may be an existing MnSCU-approved site, or another campus of the same institution. Replicated programs are offered at both the original site and the new location.
5. **Suspension** or **reinstatement** of a program. This proposal suspends admission of students into an existing program, and is good for three years. Reinstatement proposals request the reopening of student admissions into a given program.
6. **Closure** of a program. This proposal requests closure of an existing program and its from an institution's official inventory of academic programs. Unless a department seeks to re-open a suspended program, it should be closed within three years of suspension.
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<th>Department</th>
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<th>Senior Vice President and Vice President for Academic Affairs</th>
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Health Science Department  
Minnesota State University  
Mankato, Minnesota

First Responder/CPR Recertification  
HS 215: One Credit Hour  
INSTRUCTOR: Mark Windschitl, MS CHES  
Department of Health Science  
(507) 389-5392(vm) (507) 389-1527 (Health Science Office)  
E-Mail: mark.windschitl@mnsu.edu  
OFFICE: Highland Center North 174  
OFFICE HOURS: Mon. 10-12 & 2:30-4:00, Wed. 10-12 & 2:30-5:00, Fri. 10-12  
By appointment, Chance or anytime by e-mail.

CATALOG DESCRIPTION  
This course is for people currently certified in American Red Cross CPR/AED for the  
Professional Rescuer or whose certification has expired within the last year. In order to  
recertify your certification must be expired within the last month before the course starts  
or expiring during the semester the course runs.  
This course is for people who are currently certified in American Red Cross Emergency  
Response or as a First Responder or whose certification has expired within the last year.

EMERGENCY RESPONSE  
Purpose: To provide the first responder with the knowledge and skills necessary in an  
emergency to help sustain life, reduce pain, and minimize the consequences if injury or  
sudden illnesses occur until more advanced medical help can arrive.

COURSE OBJECTIVES  
The student will:  
1. Explain how the EMS system works and how the first responder’s role in the EMS  
system differs from a citizen responder’s role.  
2. Identify guidelines to follow to ensure personal safety and the safety of others at the  
emergency scene.  
3. Explain what happens in the body if one or more body systems fail to function.  
4. Identify ways in which diseases are transmitted and describe the universal safety  
precautions to prevent transmission.  
5. Explain the four emergency action principles.  
6. Recognize breathing emergencies, such as choking, and provide proper care for them.  
7. Recognize life-threatening bleeding and demonstrate how to control it.  
8. Identify the major risk factors for cardiovascular disease and injury, and describe how  
to control them.  
9. Recognize the signs and symptoms of a possible heart attack, and describe how to  
care for someone who is experiencing persistent chest pain and/or other signs and  
symptoms of a heart attack.  
10. Recognize the signs and symptoms of cardiac arrest, and demonstrate how to provide  
cardiopulmonary resuscitation (CPR).  
11. Identify breathing devices and demonstrate how to use them.
12. Recognize the signs and symptoms of shock, and describe how to minimize the effects of shock.
13. Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them.
14. Recognize the signs and symptoms of medical emergencies, including poisoning, heat and cold emergencies, and stroke, and describe both general and specific care for medical emergencies.

Course Requirements:
1. ATTENDANCE is mandatory. You are expected to be in class on time and to remain in class during the entire scheduled class session. If you leave class early, it will be counted as an absence.
2. Final COMPREHENSIVE EXAM will be given during the final class period.
3. Practical exams will be given on skills such as CPR, AED, choking, bandaging, splinting and patient assessment.
4. Certification cards will not be issued at less then 80%. For the CPR portions both a practical and written exam will be given 80% is required on both to become certified for the final certification card a written exam will be administered and 80% must be obtained to be certified.
6. Cards to be issued include:
   - CPR for the Professional Rescuer
   - Emergency Response
   - Minnesota First Responder

METHODS OF STUDENT EVALUATION
1. Points will be assigned in the following manner
   • 50 point ARC CPR exam. Must be 80 % for certification
   • 25 point AED exam. Must be 80% for certification
   • COMPREHENSIVE EXAM (100 pts.) Must be 80% for certification
   • PRACTICAL EXAMS (100 pts.)
     -CPR
     -Adult 1-person
     -Adult 2-person
     -Infant
     -Child
     -Choking
     -Adult: conscious and unconscious
     -Infant: conscious and unconscious
   -Patient Assessment: Secondary (50 pts)
   -Bandaging/Splinting (P/NP)
   -AED Practical (P/NP)
   -Pocket Mask (P/NP)
   -BVM (P/NP)
   -Assists (P/NP)
   • DAILY ATTENDANCE/QUIZ:
   • Worksheets, Scenarios and other class activities

90 % A
80 % B CERTIFICATION CUT OFF
70 % C

Note: Participation and attendance play a role in your grade. I use both of these as deciding factors if you are border line between grades. Also remember missing class has a negative effect on your final grade.

Required Textbook:
American Red Cross Emergency Response. Mosby Lifeline, 2000
CPR for the Professional Rescuer
Baby and Adult Lungs Required
Pocket Masks Required

Other Considerations:
Use of laptops for non-class related activities will result in loss of attendance points for that class.
Please turn off and put away cell phones during class. Text messaging during class will also have a negative effect on attendance points.
Please respect your fellow classmates and the instructor by not visiting with each other during class lectures. Just because you know the material does not mean everyone else does so please respect their opportunity to learn.

Disability Statement
Every attempt will be made to accommodate qualified students with disabilities. If you are a student with a documented disability, please contact me as early in the semester as possible to discuss the necessary accommodations, and/or contact the Disability Services Office at 507.389.2825 (V) or 800.627.3529 (MRS/TTY).

Course Assignments and dates ARE SUBJECT TO CHANGE at instructors discretion.

Course Outline:

Week 1  Introduction/ CPR review
Week 2  CPR Practice
Week 3  AED Review
Week 4  CPR Written Exam
Week 5  PRACTICALS
Week 6  PRACTICALS
Week 7  PRACTICALS
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<td>First Aid Review</td>
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<td>Week 9</td>
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<td>Week 10</td>
<td>Skills Practice</td>
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<td>Week 11</td>
<td>Skills Practice</td>
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<td>Practice for Patient Assessment</td>
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<td>Week 13</td>
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<td>Week 15</td>
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<tr>
<td>Finals</td>
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