

Setting and Achieving Goals

First of all, you should be feeling a huge sense of accomplishment. You've completed your self-assessment process, so you know about what special qualities you have that can help you to choose a major or career. You also have learned about the world of work and have researched occupations. You have accomplished a lot, and you are ready to make an intelligent choice. But, you may be wondering how to do that.

Most of you will fall into one of the three categories below:

1. After working through the self-assessment and learning about the world of work, I now know exactly what I want to major in and I am ready to take the next steps.
2. I've done the self-assessment and researched occupations, but there are still too many occupations on my list. I don't know how I can choose between them. I am interested in so many things. I don't want to choose one and leave the perfect career behind!
3. I've assessed myself and researched some occupations, but none of them seem quite right. This decision is important, and I don't want to choose something that isn't perfect.

Circle the number of the category you feel you most fit into. If you fit into category 2 or 3, take a moment to think about why you might fit there. What is the biggest barrier in the way of making in decision?

This section will be helpful to people who fall in all three categories. First you will read about some things people believe about career decision making. Then you will learn about ways to make decisions and set goals. You will also find out about resources available to help you if you are stuck in your decision making process and to help you if you have made a decision. Finally you will find out how to "test" your career choice and get experiences that will help you to become employed in your career of choice and achieve your goals.

