

Integrating Eastern Philosophy in a Mental Health Nursing Curriculum

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The Problem

- The Curriculum was task and fact oriented.
 - Side effects of medication
 - Definitions of mental illnesses
- Human factor is lost in Teaching Mental Health Nursing. E.g.
 - Patients become a diagnosis (e.g. a schizophrenic)
- Tools on how to perform moral nursing care in mental health not taught.

The Model

- A model that covers multiple concepts
- Can supported by all major religious backgrounds yet is NOT religious in nature
- A model that supports the essence of mental health nursing

The 10 Perfections

1. Generosity- being generous and helpful
2. Morality – being disciplined and refined in manners.
3. Renunciation – Allowing others to be who they are.
4. Wisdom – Seeing things the way they truly are.
5. Energy - Being diligent in achieving
6. Patience – Being able to Tolerant of others and seek good in all.
7. Truthfulness – Practicing in a truthful and honest manner.
8. Determination - be firm and resolute in standing up for what is right.
9. Kindness - Being kind, friendly and compassionate.
10. Equanimity - being calm, serenity, unruffled and peaceful.

The Model

	Patient Rights and Legal Issues	Psych-Pharmacology and Biologic Interventions	Thought disorders	Psycho – Geriatric care or Forensic Nursing
1. Generosity				
2. Morality		Example B		
3. Renunciation				
4. Wisdom	Example A			
5. Energy				
6. Patience				
7. Truthfulness			Example C	
8. Determination				
9. Kindness				Example D
10. Equanimity				

Example A

Example B

Example C

Example D

Conclusion