You Are In Control
A Game for Children Who Stutter, Their Families, and Friends

On the next two pages you will find a game of luck, learning, and laughs. It will help you, your friends, and your family, understand how some things help make our stuttering better, and some things make it worse.

Here is how to play! All you need is a pair of dice, at least two players, and a marker for each player. They move as many spaces as the total of the two dice. Players take the consequences for whatever message is in the block on which they land. The players begin their next move from the block to which they had to move for their consequence. The player who makes it to the “You Are in Control” block first… wins!

It won’t be long before we learn that some things help us become Boss of our stuttering, and some things make us lowly slaves. May the true “King” won!!
You think that being afraid of teachers makes you stutter... (go back four spaces)

You say what you think, even if it is different from what other people think... (go forward six spaces)

You order for yourself at McDonald's... (go forward three spaces)

You think that your stuttering will go away by itself, without your practicing "Easy" Speech... (go back seven spaces)

You use "Easy" Speech when talking to your teacher... (go forward three spaces)

You worry all the time about what people think about your speech... (go back four spaces)

You have made up your own special plan for how to make your speech better... (go forward four spaces)

You tell people that it makes you mad when they tease you... (go forward four spaces)

You think that you stutter because somebody tickled you when you were a baby... (go back to "Start")

You like to think of new ways to use "Easy" Speech... (go forward three spaces)

You are afraid to tell a friend that you stutter... (go back eight spaces)

You don't mind making mistakes, because you know you learn from them... (go forward two spaces)

When people interrupt you, you say "Please wait! I'm not through!"... (go forward four spaces)

You think that you can't make good grades, because you stutter... (go back ten spaces)

You think there's nothing you can do to make your speech smoother... (go back three spaces)

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