

# Attitudes and Behaviors Surrounding the “Moment of Stuttering”

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<u>Pre-Disruption</u>		<u>Fluency Disruption</u>	<u>Post Disruption</u>
Emotional	Behavioral	Behavioral	Emotional
Anticipation	Avoidance	Disfluency	Embarrassment
Expectancy	Postponement	Fluency Failure	Humiliation
Fear	Word Substitution	Stuttering	Guilt
Worry	Disguise		Relief
Apprehension	Antiexpectancy	Audible-Vocalized	Shame
Anxiety	Timers	Part-Word Repetitions	Withdrawal
Dread	Starters	Word Repetitions	Anxiety
Worry	Pauses	Phrase Repetitions	Hostility
Negative-	Circumlocutions	Sound Prolongations	Frustration
Emotion	Body Movements	Audible-Nonvocalized	Penalty
Abulia	Refusal	Part-Word Repetitions	Denial
(etc.)	(etc.)	Sound Prolongations	(etc.)
		Dysrhythmic Phonations	
		Inaudible-Nonvocalized	
		hard contacts	
		tense pauses	
		silent blocks	
		Struggle-Escape	
		Recoil	
		Interrupters	
		Effort/tremor/struggle	
		(etc.)	
>> ---rate changes----- >>			
	>> -----speeding and tensing----- >>		
	>> -----holding back----- >>		

(After Hood, 1978. Assessment of Fluency Disorders)