

OFF-CAMPUS CHEMICAL HEALTH RESOURCES

Assessment, Treatment, and Detoxification

Addiction Recovery Technologies of Mankato

12 Civic Center Plaza, Suite 2116
Mankato, MN 56001
507-345-4670

Offer CD assessments under private insurance and Rule 25 referrals. Outpatient CD treatment for primary, relapse, and aftercare issues. Day and evening appointments. Insurance and rule 25 referrals accepted. Offer a less intensive treatment program for students with chemical abuse issues. Offer educational classes if students are mandated after first DWI.

Blue Earth County Government Center

410 S. 5th St.
Mankato, MN 56001
507-304-4319

www.co.blue-earth.mn.us/dept/adultservices.php

Rule 25 CD assessments for low-income students living in Blue Earth County, with or without insurance. The assessment is free or can be billed to insurance if the student has it. Assessment is 1 ½ hours. If treatment is warranted and there is no insurance to cover it, students can apply for Medical Assistance and receive free or low-cost treatment.

Brown County Detox Center

510 N. Front St.
P.O. Box 642
New Ulm, MN 56073
507-359-9111

www.bcec.info/detox.html

Open 24 hours/day

Criterion for admission to detox is 1) student is under the influence of alcohol or drugs and/or 2) student is in active withdrawal from alcohol or drug use. The county will bill insurance, if available, or will arrange for county funding if the student meets financial eligibility.

Community Addiction Recovery Enterprise

1730 County Rd 15
St. Peter, MN 56082
507-933-5190

A community-based, dual-diagnosis residential treatment program for adult men and women, provides gambling assessments and outpatient treatment for pathological gambling. A structured, professionally facilitated aftercare program is offered at no additional cost. Family Programming, Relapse Programming, Continued Care Programming are also available. Payments Accepted: Most types of insurance, and Medical Assistance.

Fairview Chemical Dependency Services

Minneapolis/St. Paul metro area
General & Patient: 612-273-3000
Admit a Patient: 612-672-7575

www.university.fairview.org or www.fairview.org

Treatments offered include: Assessment, detoxification and medical stabilization, hospital inpatient services, lodging plus, outpatient services, family/concerned persons programs, group therapy, individual therapy, individualized treatment planning, recovery support (phase II recovery management), and a relapse treatment program.

Family Focus

(Mankato)
309 Holly Lane
Mankato, MN 56001
507-625-3372

(Faribault)
2301 NW 4th Street
Faribault, MN 55021
507-334-6413

(Owatonna)
634 West Bridge St
Owatonna, MN 55060
507-451-0511

Provide intensive outpatient treatment during daytime or evening hours. Provide aftercare groups. Treatment is tailored to individual needs and is not exclusively based on 12-step model.

Hazelden Center City

P.O. Box 11
15251 Pleasant Valley Rd.
Center City, MN 55012-0011
651-213-4200 or toll free 800-257-7810
www.hazelden.org

Programs and services include: Assessment and evaluation, adult inpatient treatment, adult inpatient treatment for women, adult inpatient treatment for healthcare professionals, adult outpatient treatment, adult inpatient extended care, family programs, mental health services, and nicotine cessation services.

Hazelden Center for Youth and Families

11505 36th Avenue North
Plymouth, MN 55441-2398
763-509-3800 or toll free 800-257-7810
www.hazelden.org

Provides services to youths between the ages of 14 to 25 years old. Programs and services available include: Assessment and evaluation, adolescent/young adult inpatient treatment and outpatient treatment, inpatient extended care, and mental health services.

House of Hope Inc.

(Male treatment center)
1429 3rd Ave
Mankato, MN 56001
507-385-7600
www.houseofhopemn.com

(Female treatment center)
1614 3rd Ave
Mankato, MN 56001
507-388-9830

Provides substance abuse treatment services, residential short-term treatment (30 days or less), residential long-term treatment (more than 30 days), and outpatient. Payments Accepted: Self payment, State financed insurance (Other than Medicaid), Private health insurance.

Mankato Mental Health Associates, P.A.

209 s. Broad St., Suite C
Mankato, MN 56001
507-345-4448
www.mankatomentalhealth.com

Chemical dependency, conflict resolution, and many other services to help individuals resolve problem areas in their lives. Appointments are made on an individual basis. Payments Accepted: Medical Assistance, Minnesota Care, Minnesota Comprehensive, Group Insurance, Private Insurance, Fee For Service, also Accepts Insurance Reimbursements, and Self Payment.

Muscala Chemical Health Clinic

Substance Abuse Services
6950 France Ave. S. Suite 11
Edina, MN 55435
(952) 920-1351

Primary Focus: Substance abuse treatment services. Services Provided: Substance abuse treatment, Detoxification. Type of Care: Outpatient, Partial hospitalization/day treatment. Special Programs/Groups: Persons with co-occurring mental and substance abuse disorders, Women, Men, DUI/DWI offenders, Criminal justice clients. Payment Accepted: Self payment, Private health insurance.

New Beginnings at Saint Peter

201 West Park, Suite B
Saint Peter, MN 56082
507-931-0918

Offers outpatient and residential substance abuse treatment services. Special Programs/Groups: DUI/DWI offenders, criminal justice clients. Payments Accepted: Self payment, State financed insurance (Other than Medicaid), Private health insurance, Military insurance (e.g., VA, TRICARE).

New Ulm Medical Center*New Ulm Location*

1324 Fifth St. N.
New Ulm, MN 56073
507-233-1000 or toll free 800-795-1211
www.allina.com/ahs/newulm.nsf

Mankato Location

1821 Bassett Drive Suite 103
Mankato, MN 56001
General Office: 507-344-0994

Provides substance abuse assessment and treatment services. The substance abuse department provides residential and outpatient treatment and is licensed by the Minnesota Department of Human Services.

Riverview Clinic

600 Reed St., Suite 115
Regal Office Building
Mankato, MN 56001
507-625-4060 or toll free: 1-888-364-5390
www.riverviewclinic.com

Offer assessment and one-on-one counseling for chemical dependency issues. Accept Medical Assistance and private insurance. Day and evening hours are available

Welcome Manor Family Services

114 west Pleasant Street
Garden City, MN 56034
507-546-3295
www.welcomemanorfamilyservices.org

Residential treatment for primary and extended care treatment and half way house for woman and their children. Group and individual treatment sessions for substance abuse. Licensed by the State of MN under Rule 31 and Rule 3.

Education and Self-Help**Minnesota State University, Mankato**

Health Education

Wendy Schuh, Alcohol and Drug Education wendy.schuh@mnsu.edu
Carly Hopper, Coordinator of Alcohol and Drug Sanction Education carly.hopper@mnsu.edu
100 Carkoski Commons
507-389-5689

www.mnsu.edu/shs/healtheducation/alcohol.html

Offers individual guidance, group workshops/classes, and outreach on alcohol and drugs issues.

Smart Recovery Meeting

Nichols Bldg. 3rd floor, room 350

410 Jackson St.

Mankato, MN 56001

www.smartrecovery.org

David Smith (Phone: 507-779-9183) (email: dbs3268@hotmail.com)

SMART Recovery (Self-Management and Recovery Training) helps people recover from all types of addictive behaviors, including: alcoholism, drug abuse, substance abuse, drug addiction, alcohol abuse, gambling addiction, cocaine addiction, and addiction to other substances and activities. SMART Recovery is an alternative to Alcoholics Anonymous and Narcotics Anonymous.

Monday: 6:30pm

Thursday: 6:30pm -8pm

Alcoholics Anonymous and Al-Anon

For additional information see www.mankatoaa.com or call 507-387-2772

SUNDAY

AA Squad 20 Time: 10:00am Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN Phone: 507-387-2772 Room: G Meeting Type: AA Closed Non-Smoking	AA/Al-Anon Big Book Study Time: 7:00pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: downstairs Meeting Type: AA Open Al-Anon Non-Smoking	AA Discussion Time: 8:00pm Location: Belgrade Ave United Methodist Church 325 Sherman St. North Mankato, MN 56003 Room: Education Annex Downstairs Meeting Type: AA Closed Non-Smoking
AA Squad 27 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN Phone: 507-387-2772 Room: E Meeting Type: AA Closed Non-Smoking		

MONDAY

AA Discussion Time: 10:30am Location: Summit Center Historical Society 518 South 5 th St. Mankato, MN 56001 Meeting Type: AA Open	AA Big Book Time: 12:00pm - 1:00pm Location: Messiah Lutheran Church 1706 Lee Boulevard North Mankato, MN 56003 Phone: 507-387-5573 Room: The Dig Meeting Type: AA Closed Non-Smoking	AA Discussion Time: 6:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: downstairs Meeting Type: AA Closed
AA Discussion Time: 8:00pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: downstairs Meeting Type: AA Closed Non-Smoking	AA Squad 15 Time: 8:00pm Location: 5 th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507- 387-2772 Room: Front Room Meeting Type: AA Closed Non-Smoking	

TUESDAY

<p>AA Sunrisers Time: 6:30am - 07:30am Location: 151 Good Counsel Drive Mankato, MN 56001 Phone: 507-243-4236 Room: Publishing Conference Room Meeting Type: AA Closed Non-Smoking</p>	<p>AA Solutions through Sobriety Time: 10:00am - 11:00am Location: Bliss Coffee House 634 S Front St Mankato, MN 56001 Phone: 507-625-2591 Meeting Type: AA Closed</p>	<p>Al-Anon Discussion Time: 12:00pm -1:00pm Location: Summit Center Historical Society 518 South 5th St. Mankato, MN 56001 Meeting Type: Al-Anon</p>
<p>Lunchtime Al-Anon Group Time: 12:00pm-1:00pm Location: Summit Center Historical Society 518 South 5th St. Mankato, MN 56001 Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Big Book Study Time: 5:30pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B (Front Room) Meeting Type: AA Closed Non-Smoking</p>	<p>AA Discussion Time: 5:30pm- 6:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: downstairs Meeting Type: AA Closed Non-Smoking Women's Group</p>
<p>AA Promises Time: 6:00pm-6:45pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Meeting Type: AA Open Non-Smoking</p>	<p>Al-Anon Time: 6:30pm Location: Messiah Lutheran Church 1706 Lee Boulevard North Mankato, MN 56003 Phone: 507-387-5573 Room: F Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Discussion Time: 8:00pm Location: Belgrade Ave United Methodist Church 325 Sherman St. North Mankato, MN 56003 Room: Education Annex Downstairs Meeting Type: AA Closed Non-Smoking</p>
<p>AA Squad 21 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B (Front Room) Meeting Type: AA Closed</p>	<p>Al-Anon—North Mankato Time: 8:00pm Location: Belgrade Ave United Methodist Church 325 Sherman St. North Mankato, MN 56003 Room: Education Annex Downstairs Meeting Type:Al-Anon Non-Smoking</p>	

WEDNESDAY

<p>AA Squad 5 Time: 10:00am Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B Meeting Type: AA Closed Non-Smoking</p>	<p>AA Squad 500 Time: 6:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Meeting Type: AA Closed Non-Smoking</p>	<p>AA Discussion Time: 6:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: Education Annex Downstairs Meeting Type: AA Closed Non-Smoking</p>
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WEDNESDAY cont.

<p>AA Squad 1 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: E Meeting Type: AA Closed Non-Smoking</p>	<p>AA Squad 28 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: Upstairs Meeting Type: AA Closed Non-Smoking</p>	<p>AA Step Study Time: 8:00pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>
<p>Al-Anon Squad 25 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B (front room) Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Night Owls Time: 9:30pm-10:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>	

THURSDAY

<p>Al-Anon Squad 3 Time: 9:30am Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: G Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Best of Times Time: 10:30am Location: Summit Center Historical Society 518 South 5th St. Mankato, MN 56001 Room: Library (lower level) Meeting Type: AA Open Al-Anon Non-Smoking</p>	<p>Alateen Time: 5:00pm - 6:00pm Location: Trinity Lutheran Church 511 S. 5th St St. Peter, MN 56082 Meeting Type: Alateen</p>
<p>Al-Anon - Serenity Seekers Time: 5:15pm - 6:15pm Location: Messiah Lutheran Church 1706 Lee Boulevard North Mankato, MN 56003 Phone: 507-387-5573 Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Ladystepers Time: 5:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking Women's Step Group</p>	<p>AA Young People – 25 Camels Time: 6:30-7:30 Location: MSU –Newman Center 1331 Warren St Mankato, MN 56001 Room: Downstairs Meeting Type: AA Open Non-Smoking</p>
<p>Al-Anon Time: 7:00pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: Al-Anon Non-Smoking</p>	<p>AA Discussion Time: 8:00pm Location: Belgrade Ave United Methodist Church 325 Sherman St. North Mankato, MN 56003 Room: Education Annex Downstairs Meeting Type: AA Closed Non-Smoking</p>	<p>AA Squad 4 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: G Meeting Type: AA Closed Non-Smoking</p>

THURSDAY cont.

<p>Al-Anon—North Mankato Time: 8:00pm-9:00pm Location: Belgrade Ave United Methodist Church 325 Sherman St. North Mankato, MN 56003 Room: Education Annex Downstairs Meeting Type: Al-Anon Non-Smoking</p>

FRIDAY

<p>AA Discussion Time: 6:30am Location: St. John's Church Parish 632 South Broad St Mankato, MN 56001 Phone: 507-625-3131 Room: Parish Office Meeting Type: AA Closed Non-Smoking</p>	<p>AA Backseaters Time: 10:00am Location: Snell Motors 1900 E Madison Ave Mankato, MN 56001 Meeting Type: AA Closed Non-Smoking</p>	<p>AA Discussion Time: 6:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>
<p>AA Squad 13 Time: 6:30pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B (Front Room) Meeting Type: AA Closed Non-Smoking</p>	<p>AA Discussion Time: 8:00pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>	<p>AA Squad 8 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: B (Front Room) Meeting Type: AA Closed Non-Smoking</p>
<p>AA Squad 9 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: G Meeting Type: AA Closed Non-Smoking</p>	<p>Al-Anon Squad 10 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: E Meeting Type: Al-Anon Non-Smoking</p>	<p>Al-Anon Squad 6 Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: F Meeting Type: Al-Anon Non-Smoking</p>
<p>Back to Basics of Mankato Time: 9:30pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN Phone: 507-387-2772 Room: Downstairs Meeting Type: AA Open</p>		

SATURDAY

<p>AA Step Time: 9:00am Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>	<p>AA Big Book Study Time: 6:30pm Location: Lute's Travel 112 Marshall Mankato, MN 56001 Phone: 507-387-3909 Room: Downstairs Meeting Type: AA Closed Non-Smoking</p>	<p>AA Squad 99 Speaker Meeting Time: 8:00pm Location: 5th Ave Alano 1430 Fifth Ave Mankato, MN 56001 Phone: 507-387-2772 Room: Taylor Hall Meeting Type: AA Open</p>
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Narcotics Anonymous

For additional information see www.naminnnesota.org

7 Day Junkies

Salvation Army Cafeteria
700 S Riverfront Dr
Mankato, MN 56001
Sunday: 8:00 pm

Salvation at Salvation

Salvation Army Cafeteria
700 S Riverfront Dr
Mankato, MN
Tuesday: 7:00 pm

Hope Works

House of Hope
1429 3rd Ave
Mankato, MN 56001
Wednesday: 8:00 pm

Crossroads NA

First Congregational United
Church of Christ
150 Stadium Court
Mankato, MN 56001
Thursday: 7:30 pm

Gamblers Anonymous

For additional information see www.miph.org/projects/gambling-problems-resource-center

1-888-424-3577

www.Gamblersanonymous.com

Tuesday 7:00-8:00pm
Hilltop United
Methodist Church
1085 Manitou Drive
Mankato, MN

Nicotine Dependence Program

Immanuel St. Joseph's Mayo Health System
1025 Marsh St.
Mankato, MN 56001
507-345-2620
www.mayohealthsystem.org

Face to Face

Meet with the Tobacco Treatment Specialist to further your plan for quitting tobacco. Each meeting will take 30 - 60 minutes and will include educational tools. To find out more please call 507-385-2607.

Insurance may provide coverage for the consultation with a referral from your doctor

STOP! Group

A five-week education and support group for developing a plan to quit tobacco. Price includes educational materials, one hour initial consultation, five weeks of group meetings and telephone follow-ups.

For more information, or to set up an appointment, please email or call our Nicotine Dependence Counselor at 507-385-4662.

Other Resources

Free telephone counseling, nicotine patches, gum, or lozenges to those who qualify. Call 1.888.354.PLAN (7526) or log on at [Quit Plan.com](http://QuitPlan.com)