



# MANY REASONS

**TYPE:** Individual or Team Goal Setting

**GROUP SIZE:** Any

**MATERIALS:** Copies of provided worksheets

**INTRODUCTION:** This exercise will help team members and organizations set goals.

**DESCRIPTION:** Distribute worksheets to group members and ask each individual to share their responses. Facilitate a team discussion using the provided processing questions. You may also choose to do this activity for the team as a whole. If this is the case, you can still use the above format for developing responses to the worksheets. Proceed with team sharing and processing.

**PROCESSING:**

- How did you go about developing goals?
- What was your reaction to the goals shared by your partner?
- What common obstacles were revealed during your discussion?
- How does our organization react to obstacles or roadblocks?
- Where should we go from here?

**OUTCOMES:**

- Visionary stimulus
- Communication builder
- Aid in the visualization of goal setting

**REMEMBER:**

- Introduce the exercise
- Explain it thoroughly
- Process it completely