



THE CONFLICT WALL

TYPE: Conflict Resolution

GROUP SIZE: Any

MATERIALS: Large sheets of Paper, Pens/Markers

INTRODUCTION: This exercise will help the team to confront conflict, improve communication and work together more effectively.

DESCRIPTION: Put team members into small groups (if necessary) and instruct them to identify sources of conflict within the team. Instruct each team to write their problems on separate sheets of paper and post them around the room. Further, have team members read each sheet and write down solutions.

PROCESSING:

- How did your small team generate sources of conflict?
- How did you feel as you read other conflict topics posted in the room?
- How did you feel about the solutions provided by team members?
- Is there an overall theme of conflict within the team?
- How do we manage and confront conflict within the team?
- How can we use some of the suggested solutions?

VARIATIONS:

- Direct the exercise more specifically.
- Further process the exercise in small groups or dyads.

OUTCOMES:

- Confronts conflict in a nonthreatening way
- Improves communication
- Builds teamwork

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely