



TREE HOUSE

TYPE:

Energizer

GROUP SIZE:

Any

MATERIALS:

Copies of provided worksheet, Pens, Flip Chart, Chalk Board or Write On-Wipe Off Board, Large sheet of paper

INTRODUCTION:

During this activity we will discuss the roles we all play in the organization of our group.

DESCRIPTION:

Allow 20 minutes for group members to individually respond to the provided worksheet. Ask group members to identify the part of the tree that best represented their role in the group. As a group, begin drawing a large tree demonstrating all of the parts selected by individual members. Use the processing questions for further discussion.

PROCESSING:

- How well is our organizational (tree) balanced?
- What would happen if one part of the tree was missing? (For example, the roots?)
- How often do we have more than one role in our organization? How is this communicated to the group?
- What obstacles (if any) are there to the growth of our tree?

VARIATIONS:

Use an automobile, athletic team, or alternate analogy for variety. Allow group members to create their own personal analogy. Use this exercise as an assessment tool, change or reorganization initiator, or as a beginning to goal setting.

OUTCOMES:

- To aid in group cohesiveness
- To assist in role clarification
- To enhance communication

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely