



THE LONG & THE SHORT OF IT

TYPE: Individual or Team Goal Setting

GROUP SIZE: Any

MATERIALS: Copies of provided worksheets

INTRODUCTION: This exercise will help individuals and organizations set goals.

DESCRIPTION: Distribute worksheets to group members and ask each person to fill out the worksheet completely. Partner group members and have them share their responses. Facilitate a team discussion using the provided processing questions. You may also choose to do this activity for the team as a whole. If this is the case, you can still use the above format for developing responses to the worksheets. Proceed with team sharing and processing.

PROCESSING:

- How did you go about developing goals?
- What was your reaction to the goals shared by your partner?
- What common obstacles were revealed during your discussion?
- How does our organization react to obstacles or roadblocks?
- Where should we go from here?

OUTCOMES:

- Visionary stimulus
- Communication builder
- Aid in the visualization of goal setting

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely