

1-800-486-2913

WORKERS' COMPENSATION MANAGED CARE PLAN FOR THE STATE OF MINNESOTA

Effective January 1, 1998, health care services for workplace injuries and illnesses will be managed by Comprehensive Managed Care (CMC).

ABOUT THE CMC NETWORK

If you are injured at work, you may receive treatment from a CMC network medical doctor, osteopath, podiatrist, chiropractor or dentist, as long as the services you need are within the provider's scope of practice and appropriate for your condition. CMC network providers must be located within 30 miles of your work or home if you live or work in the seven-county metropolitan area, or within 50 miles if both your home and workplace are outside the metro area.

Ask your agency's workers' compensation coordinator if you want to see a copy of the CMC network directory, or call CMC for information about providers in the network.

Except in emergency situations, you must get your initial evaluation and treatment from a CMC provider. If your agency has selected a designated clinic, you must first get treatment at that clinic. Or if you prefer to see another type of health care provider specialty in the network, call **CMC at (651) 662-1950 or (800) 486-2913.**

IN AN EMERGENCY SITUATION, CALL 911 IMMEDIATELY

If you are injured at work, notify your supervisor as soon as you can. He or she can assist you in seeking the appropriate medical attention, if needed, and can ensure the proper submission of your workers' compensation claim. You may also call CMC for help on our 24-hour information line.

You may continue to see the provider who performs your initial evaluation, or you may choose to see another CMC network provider for follow-up care. Also, you may change your primary treating provider at least once within the network. Call CMC if you wish to change providers.

In most cases, a CMC network provider coordinates all of your care. However, in the following instances you may see a non-network provider:

- Emergencies.
- You are referred by CMC to a non-network provider.
- Your injury happened before January 1, 1998.
- You live or work beyond the established mileage parameters.
- You have a documented history of treatment with a different provider who maintains your medical records. (Contact CMC to see a non-network provider under this option.)
- If you had an injury prior to January 1, 1998, you may continue to treat with your non-network provider until you change doctors.

IF YOU HAVE QUESTIONS

CMC
(651) 662-1950 or (800) 486-2913
Nurses are available 24 hours a day to answer your questions and help you find the services you need.

Send medical bills to:
Comprehensive Managed Care
P.O. Box 64634
St. Paul, MN 55164-0634

**Minnesota Department of
Employee Relations**
(651) 296-6521

Department of Labor and Industry
Twin Cities **(651) 296-2432**
Duluth **(218) 723-4670 or
(800) 365-4584**
Outstate **(800) 342-5354**

Workers' Compensation Coordinator
Name _____
Number _____

DESIGNATED CMC NETWORK CLINIC FOR INITIAL VISIT FOR EVALUATION AND TREATMENT

Name _____

Address _____

Number _____

