

# Some Helpful Resources

American Diabetes Association

800-232-3472

[www.diabetes.org](http://www.diabetes.org)

American Heart Association

800-242-8721

[www.americanheart.org](http://www.americanheart.org)

American Institute for Cancer Research

800-843-8114

[www.aicr.org](http://www.aicr.org)

American Cancer Society

800-ACS-2345

[www.cancer.org](http://www.cancer.org)

Food Allergy Network

800-929-4040

[www.foodallergy.org](http://www.foodallergy.org)

## **Websites**

[www.nutrition.gov](http://www.nutrition.gov)

[www.healthfinder.gov](http://www.healthfinder.gov)

[www.foodsafety.gov](http://www.foodsafety.gov)

[www.medlineplus.gov](http://www.medlineplus.gov)

<http://dietary-supplements.info.nih.gov>

<http://www.eatright.org>

[www.mypyramid.gov](http://www.mypyramid.gov)

[www.mnsu.edu/shs/healtheducation/bmc/](http://www.mnsu.edu/shs/healtheducation/bmc/)

Questions or Concerns????

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