



Undergraduate Degree Map for Completion in Four Years

| | |
|--------------------------------------|---|
| College: | College of Allied Health and Nursing <input type="button" value="v"/> |
| Department: | Health Science <input type="button" value="v"/> |
| Name of Program: | HEALTH & PHYSICAL EDUCATION <input type="button" value="v"/> |
| Degree Designation: | BS <input type="button" value="v"/> |
| Emphasis/Concentration: | <input type="text"/> <input type="button" value="v"/> |
| Option: | 2014-2015 Bulletin Revised |
| Version: | 1 <input type="button" value="v"/> |
| Version Explanation: | Entering Freshman |
| Type of Program: | Broad Major <input type="button" value="v"/> |
| Minor Required: | No <input type="button" value="v"/> |
| Specific Minor (if required): | <input type="text"/> |

Program Description:

The Health and Physical Education teaching program meets national and state standards for the preparation of school health educators (6-12) and physical educators (K-12). This program prepares future teachers for what they should know and be able to do to help their students develop health-related knowledge and skills to engage in healthy behaviors including lifelong physical activity.

Admission Requirements:

HPE Major admission requirements include completion of a minimum of 32 credit hours, a minimum cumulative G.P.A. 2.5, and a C or better in ENGL 101 and general education MATH.

Professional Education admission requirements include a minimum of 32 earned credit hours, minimum of cumulative G.P.A. of 2.75, evidence of registration for MTLE Basics Skills Exam, enrollment or completion of KSP 220w, C or better in ENG 101, C or better in general education MATH required for admission to Professional Education.

Advising:

You are expected to meet with your advisor on a regular basis to ensure courses are taken in an order that will lead to successful completion of the degree.

A complete listing of program faculty, policies, and course descriptions is available in the undergraduate bulletin.

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|--|-----------------|--|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% Completion of ≥ 15 credit hours |
| HLTH | 101 | Health and the Environment (Goal Area 10) | 3 | |
| MATH* | 112 | College Algebra (Goal Area 4) | 4 | |
| ENGL | 101 | Composition (Goal Area 1a) | 4 | |
| PSYC | 101 | Introduction to Psychological Sciences (Goal Area 5) | 4 | |

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Term 1 Notes:

C or better required in HLTH 101, ENGL 101, general education MATH, and PSYC 101;
*4 credit MATH course required to meet 40 hour minimum of General Education credits

TERM 2 - SPRING

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|--|-----------------|---|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% Completion of ≥ 30 credit hours Advance to Sophomore status |
| CHEM | 106 | Chemistry of Life Process Part I (General) (Goal Area 3) | 3 | |
| FCS | 140 | Introduction to Nutrition (Goal Area 3) | 3 | |
| HP | 202 | Introduction to Teaching PE and Health | 1 | |
| | | Goal Areas 6 AND 9**# | 3 | |
| | | Goal Areas 6 AND 8**# | 4 | |
| | | Goal Area 1B | 3 | |

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Term 2 Notes:

HP 202 is only offered in the Spring semester (Bulletin is incorrect);
C or better required in CHEM 106, FCS 140, HP 202;
*PHIL 120W OR PHIL 222W meet both Goal Areas 6 and 9;
**HUM 101W, HUM 155, HUM 156, and HUM 282W are four credit courses that meet both Goal Areas 6 and 8;
#Students who take other general education courses to meet Goal Areas 6, 8, and 9 will need more than 120 credit hours to complete both General Education and Health and Physical Education program requirements.

TERM 3 - FALL

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---|-----------------|---|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% |
| BIOL | 220 | Human Anatomy (Waiver: Goal Area 3 Lab Requirement) | 4 | Application to Major |
| HLTH | 210 | First Aid & CPR | 3 | 32 earned credit hours |
| HLTH | 240 | Drug Education (Goal Area 5) | 3 | 2.5 or higher cumulative G.P.A. |
| HP | 203 | Fundamental Ind and Outdoor Team Sports | 3 | C or better in ENGL 101 and MATH |
| HP | 204 | Fundamental Ind and Dual Sports | 2 | |

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|-------------------------------|-----------------|---|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% |
| HP | 182 | Aquatic Skills (Goal Area 11) | 1 | |

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Term 3 Notes:

HP 203 and HP 204 are only offered in the Fall semester (Bulletin is incorrect for HP 204);
C or better required in BIOL 220, HLTH 210, HLTH 240, HP 203, HP 204, and HP 182

TERM 4 - SPRING

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---|-----------------|--|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% Completion of ≥ 60 credit hours Advance to Junior status |
| BIOL | 310 | Human Physiology (Wavier: Goal Area 3 Lab Requirement) (Pre-Req: BIOL 220, CHEM 106) | 4 | Application to Professional Education |
| KSP | 220W | Human Relations in a Multicultural Society (Goal Areas 1c and 7, Writing Intensive, Gold) (Co-Req: KSP 222) | 3 | 32 earned credit hours |
| KSP | 222 | Introduction to the Learner and Learning (Co-Req: KSP 220W) | 2 | 2.75 or higher cumulative G.P.A |
| KSP | 202 | Technology Integration in the Classroom | 2 | Evidence of registration for MTLE Basic Skills exam |
| HP | 291 | Concepts of Fitness (Goal Area 11) | 2 | Enrollment or completion of KSP 220W |
| HP | 205 | Fundamentals of Rhythm and Dance | 2 | C or better in ENG 101 and MATH |

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Term 4 Notes:

HP 205 is only offered in the Spring semester (Bulletin is incorrect);
C or better required in BIOL 310, KSP 220W, KSP 222, KSP 202, HP 291, HP 205

TERM 5 - FALL

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---|-----------------|---|
| | | | | Overall GPA ≥ 2.0 Course Completion Rate ≥ 67% Apply for Graduation |
| HP | 411 | Adapted Physical Education | 3 | |
| HP | 413 | Lifespan Motor Development | 2 | |
| HP | 414 | Physiology of Exercise (Pre-Req: BIOL 310) | 3 | |
| HP | 348 | Structural Kinesiology and Biomechanics (Pre-Req: BIOL 220) | 3 | |
| HLTH | 451 | Emotional Health and Stress | 3 | |

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Term 5 Notes:

HP 413 is only offered in the Fall semester and every even Summer semester;
HLTH 451 is only offered in the Fall and Summer semester;
C or better required in HP 411, HP 413, HP 414, HP 438, and HLTH 451

TERM 6 - SPRING

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---|-----------------|---|
| | | | | Overall GPA \geq 2.0 Course Completion Rate \geq 67% Completion of \geq 90 credit hours Advance to Senior status |
| HLTH | 311 | Family Life and Sex Education | 3 | Application to Student Teaching (KSP 476) (see below) |
| HLTH | 320 | School Health Education | 3 | Application for Graduation |
| HLTH | 410 | Current Health Issues (Proposed Purple) | 3 | |
| HP | 256 | Methods of K-3 Physical Education | 2 | |
| KSP | 330 | Planning, Instruction, and Evaluation in the Classroom (Pre-Req: Level 1) | 5 | |

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Term 6 Notes:

HLTH 320 and HP 256 are only offered in the Spring semester;
C or better required in HLTH 311, HLTH 320, HLTH 410, HP 256, and KSP 330;
Application to student teaching (KSP 476): Requirements include completion of all coursework in major and General Education requirements, a cumulative GPA of 2.75, grades of C or better for all professional education coursework, completion of methods and professional education coursework except KSP 475, completion and validation of formal application materials one year prior to student teaching semester, attendance at all preliminary student teaching meetings, recommendation of advisor, approval of placement by school district administration and a mentor teacher and Director of the Office of Field and International Experiences, and completion of Minnesota State Police Background check materials.

TERM 7 - FALL

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|--|-----------------|---|
| | | | | Overall GPA \geq 2.0 Course Completion Rate \geq 67% |
| KSP | 440 | Creating Learning Environments to Engage Children, Families, and Community (Pre-Req: Level 2; Co-Req: KSP 442) | 3 | C or better in all required General Education, HLTH, HP, and KSP courses. |
| KSP | 442 | Reading, Literacy, and Differentiated Instruction in Inclusive Classrooms (Pre-Req: Level 2; Co-Req: KSP 440) | 3 | |
| HLTH | 420W | Health Teaching Methods (Writing Intensive) (Pre-Req: HLTH 320) | 3 | |
| HP | 387 | Methods of Teaching PE K-12 | 3 | |
| HLTH | 454 | Chronic and Infectious Disease (Pre-Req: BIOL 310) | 3 | |

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Term 7 Notes:

HP 387 is only offered in the Fall semester;
C or better required in KSP 440, KPS 442, HLTH 420, HP 387, and HLTH 454

TERM 8 - SPRING

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---------------------|-----------------|---|
| | | | | Overall GPA \geq 2.0 Course Completion Rate \geq 67% |

| <i>Designator:</i> | <i>Course:</i> | <i>Course Name:</i> | <i>Credits:</i> | <i>Milestones:</i> |
|--------------------|----------------|---|-----------------|---|
| | | | | Overall GPA \geq 2.0 Course Completion Rate \geq 67% |
| KSP | 464 | Professional Seminar (Pre-Req: Level 3) | 1 | Complete MTLE in both Health Education and Physical Education |
| KSP | 476 | Student Teaching (Pre-Req: Level 3) | 11 | |

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Term 8 Notes:

C or better required in KSP 464 and KSP 476

PROGRAM NOTES

This major is a joint program offered by the Departments of Health Science and Human Performance that meets Minnesota Board of Teaching (BOT) requirements for licensure in both Health Education and Physical Education. This major has two General Education waivers: 1) 40 credits of General Education, and 2) BIOL 220 and BIOL 310 to meet Goal Area 3 lab requirement. HLTH 101 will be substituted for HLTH 212 in order for students to meet 40 credits of General Education waiver.

The Department of Health Science values and supports an environment conducive to learning as well as academic integrity. Therefore, students are expected to comply with Minnesota State University, Mankato student responsibilities and policies for academic integrity. Academic integrity includes meeting one's responsibilities in an honest and forthright manner and avoiding acts of dishonesty, plagiarism, cheating, collusion, and other forms of academic misconduct. An act of dishonesty, cheating, collusion, and/or any other form of academic misconduct will result in a 0 on the assessment and a full letter grade deduction from the final course grade (e.g., A- to B-). An act of plagiarism will result in a 0 on the assessment or assessments and the student will be required to meet with the chair of the Department of Health Science and receive remediation related to plagiarism. Two acts of dishonesty, cheating, collusion, and/or any other form of academic misconduct and/or an act of plagiarism after remediation will result in a final course grade of F. Evidence related to any act of academic misconduct will be submitted to the Chairperson of the Department of Health Science. Two acts of academic misconduct or a repeated act of plagiarism after remediation in any Health Science course or courses will result in discontinuance from, or eligibility to enroll in, the academic programs offered by the Department of Health Science. Additionally, evidence related to academic misconduct will be submitted, as appropriate, to the Office of Academic Affairs and and/or the College of Education. Please note: Policy reflects minimum departmental standards. Individual instructors may impose more severe sanctions for an act of academic dishonesty within their courses.

Students in Health and Physical Education are required to earn a C or better in all required general education, required, and elective courses in a major.

Students in Health and Physical Education are required to have a G.P.A. of 2.5 or better in the major (required general education, required, and elective courses) for graduation.

DEGREE MAP CHECKLIST: GRADUATION REQUIREMENTS

| | |
|-------------------------------------|---|
| <input type="checkbox"/> | 1. Minimum of 15 credits per semester |
| <input checked="" type="checkbox"/> | 2. General Education = 44 credits |
| <input checked="" type="checkbox"/> | 3. Diverse Cultures = 2 course (6 credits minimum) from two disciplines |
| <input checked="" type="checkbox"/> | 4. Writing Intensive = 2 courses (6 credits minimum) |
| <input checked="" type="checkbox"/> | 5. Major = <input type="text" value="53"/> credits |
| <input checked="" type="checkbox"/> | 6. Upper-Division Requirements = 40 credits minimum |
| <input checked="" type="checkbox"/> | 7. Professional Education (if required) = 30 credits |
| <input type="checkbox"/> | 8. Language Requirements (if BA) = 8 credits minimum |
| <input type="checkbox"/> | 9. Minor = <input type="text"/> credits |

| | |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | 10. Total credits required for degree <input type="text" value="120"/> |
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DEGREE MAP COMPLETE

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|-------------------------------------|--|
| <input checked="" type="checkbox"/> | Map is complete and ready for review <ol style="list-style-type: none">1. Faculty please send an email to your Department Chair when map is ready to review.2. Department Chair please send an email to your Dean when map is ready to review.3. Dean please send an email to the Assistant Vice President for Undergraduate Studies when map is ready to review. |
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DEAN APPROVAL

| | |
|-------------------------------------|-----------------------------------|
| <input checked="" type="checkbox"/> | Map reviewed and approved by Dean |
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Save and Close