



Undergraduate Degree Map for Completion in Four Years

College:	College of Allied Health and Nursing <input type="button" value="v"/>
Department:	Health Science <input type="button" value="v"/>
Name of Program:	HEALTH & PHYSICAL EDUCATION <input type="button" value="v"/>
Degree Designation:	BS <input type="button" value="v"/>
Emphasis/Concentration:	<input type="text"/> <input type="button" value="v"/>
Option:	2015-2016 Bulletin <input type="text"/>
Version:	2 <input type="button" value="v"/>
Version Explanation:	Entering Freshman 2015-2016 <input type="text"/>
Type of Program:	Broad Major <input type="button" value="v"/>
Minor Required:	No <input type="button" value="v"/>
Specific Minor (if required):	<input type="text"/>

Program Description:

The Health (5-12) and Physical Education (K-12) teaching program meets national and state standards for the preparation of school health educators and physical educators. This program prepares future teachers for what they should know and be able to do to help their students develop health-related knowledge and skills to engage in healthy behaviors including lifelong physical activity.

Admission Requirements:

HPE Major admission requirements include completion of a minimum of 32 credit hours, a minimum cumulative G.P.A. 2.5, and a C or better in ENGL 101 and general education MATH.

Professional Education admission requirements include a minimum of 32 earned credit hours, minimum of cumulative G.P.A. of 2.75, evidence of registration for MTLE Basics Skills Exam, enrollment or completion of KSP 220w, C or better in ENG 101, C or better in general education MATH required for admission to Professional Education.

Advising:

You are expected to meet with your advisor on a regular basis to ensure courses are taken in an order that will lead to successful completion of the degree.

A complete listing of program faculty, policies, and course descriptions is available in the undergraduate bulletin.

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67% Completion of \geq 15 credit hours
HLTH	101	Health and the Environment (Goal Area 10)	3	
MATH*	112	College Algebra (Goal Area 4)	4	
ENGL	101	Composition (Goal Area 1a)	4	
PSYC	101	Introduction to Psychological Sciences (Goal Area 5)	4	

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Term 1 Notes:

C or better required in HLTH 101, ENGL 101, general education MATH, and PSYC 101;
*4 credit MATH course required to meet 40 hour minimum of General Education credits

TERM 2 - SPRING

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67% Completion of \geq 30 credit hours Advance to Sophomore status
CHEM	106	Chemistry of Life Process Part I (General) (Goal Area 3)	3	
FCS	140	Introduction to Nutrition (Goal Area 3)	3	
HP	202	Introduction to Teaching PE and Health	1	
		Goal Areas 6 and 9**#	3	
		Goal Areas 6 and 8**#	4	
		Goal Area 1B: Speech and Oral Reasoning	3	

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Term 2 Notes:

HP 202 is only offered in the Spring semester (Bulletin is incorrect);
C or better required in CHEM 106, FCS 140, HP 202;
*PHIL 120W OR PHIL 222W meet both Goal Areas 6 and 9;
**HUM 101W, HUM 155, HUM 156, and HUM 282W are four credit courses that meet both Goal Areas 6 and 8;
#Students who take other general education courses to meet Goal Areas 6, 8, and 9 will need more than 120 credit hours to complete both General Education and Health and Physical Education program requirements.

TERM 3 - FALL

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67%
BIOL	220	Human Anatomy (Waiver: Goal Area 3 Lab Requirement)	4	Application to Major
HLTH	210	First Aid & CPR	3	32 earned credit hours
HLTH	240	Drug Education (Goal Area 5)	3	2.5 or higher cumulative G.P.A.
HP	203	Fundamental Ind and Outdoor Team Sports	2	C or better in ENGL 101 and MATH
HP	204	Fundamental Ind and Dual Sports	2	

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67%
HP	182	Aquatic Skills (Goal Area 11)	1	

Term 3 Notes:

HP 203 and HP 204 are only offered in the Fall semester (Bulletin is incorrect for HP 204);
C or better required in BIOL 220, HLTH 210, HLTH 240, HP 203, HP 204, and HP 182

TERM 4 - SPRING

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67% Completion of \geq 60 credit hours Advance to Junior status
BIOL	310	Human Physiology (Wavier: Goal Area 3 Lab Requirement) (Pre-Req: BIOL 220, CHEM 106)	4	Application to Professional Education
KSP	220W	Human Relations in a Multicultural Society (Goal Areas 1c and 7, WI, Gold) (Co-Req: KSP 222)	3	32 earned credit hours
KSP	222	Introduction to the Learner and Learning (Co-Req: KSP 220W)	2	2.75 or higher cumulative G.P.A
KSP	202	Technology Integration in the Classroom	2	Evidence of registration for MTLE Basic Skills exam
HP	291	Concepts of Fitness (Goal Area 11)	2	Enrollment or completion of KSP 220W
HP	205	Fundamentals of Rhythm and Dance	2	C or better in ENG 101 and MATH

Term 4 Notes:

HP 205 is only offered in the Spring semester (Bulletin is incorrect);
C or better required in BIOL 310, KSP 220W, KSP 222, KSP 202, HP 291, HP 205

TERM 5 - FALL


<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67% Apply for Graduation
HP	411	Adapted Physical Education	3	
HP	413	Lifespan Motor Development	2	
HP	414	Physiology of Exercise (Pre-Req: BIOL 310)	3	
HP	348	Structural Kinesiology and Biomechanics (Pre-Req: BIOL 220)	3	
HLTH	451	Emotional Health and Stress	3	

Term 5 Notes:

HP 413 is only offered in the Fall semester and every even Summer semester;
HLTH 451 is only offered in the Fall and Summer semester;
C or better required in HP 411, HP 413, HP 414, HP 438, and HLTH 451

TERM 6 - SPRING

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67% Completion of \geq 90 credit hours Advance to Senior status
HLTH	311	Family Life and Sex Education	3	Application to Student Teaching (KSP 476) (see below)
HLTH	320	School Health Education	3	Application for Graduation
HLTH	410	Current Health Issues (Purple)	3	
HP	356	Methods of Elementary Physical Education	3	
KSP	330	Planning, Instruction, and Evaluation in the Classroom (Pre-Req: Level 1)	5	

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Term 6 Notes:

HLTH 320 and HP 256 are only offered in the Spring semester;
C or better required in HLTH 311, HLTH 320, HLTH 410, HP 356, and KSP 330;
Application to student teaching (KSP 476): Requirements include completion of all coursework in major and General Education requirements, a cumulative GPA of 2.75, grades of C or better for all professional education coursework, completion of methods and professional education coursework except KSP 475, completion and validation of formal application materials one year prior to student teaching semester, attendance at all preliminary student teaching meetings, recommendation of advisor, approval of placement by school district administration and a mentor teacher and Director of the Office of Field and International Experiences, and completion of Minnesota State Police Background check materials.

TERM 7 - FALL

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67%
KSP	440	Creating Learning Environments to Engage Children, Families, and Community (Pre-Req: Level 2; Co-Req: KSP 442)	3	C or better in all required General Education, HLTH, HP, and KSP courses.
KSP	442	Reading, Literacy, and Differentiated Instruction in Inclusive Classrooms (Pre-Req: Level 2; Co-Req: KSP 440)	3	
HLTH	420W	Health Teaching Methods (WI) (Pre-Req: HLTH 320; Pre-Req/Co-Req: KSP 330)	3	
HP	387	Methods of Secondary Physical Education (Pre-Req/Co-Req: KSP 330)	3	
HLTH	454	Chronic and Infectious Disease (Pre-Req: BIOL 310)	3	

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Term 7 Notes:

HP 387 is only offered in the Fall semester;
C or better required in KSP 440, KSP 442, HLTH 420, HP 387, and HLTH 454

TERM 8 - SPRING

<i>Designator:</i>	<i>Course:</i>	<i>Course Name:</i>	<i>Credits:</i>	<i>Milestones:</i>
				Overall GPA \geq 2.0 Course Completion Rate \geq 67%
KSP	464	Professional Seminar (Pre-Req: Level 3)	1	Complete MTLE in both Health Education and Physical Education
KSP	476	Student Teaching (Pre-Req: Level 3)	11	

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Term 8 Notes:

C or better required in KSP 464 and KSP 476

PROGRAM NOTES

This major is a joint program offered by the Departments of Health Science and Human Performance that meets Minnesota Board of Teaching (BOT) requirements for licensure in both Health Education and Physical Education. This major has two General Education waivers: 1) 40 credits of General Education, and 2) BIOL 220 and BIOL 310 to meet Goal Area 3 lab requirement.

The Department of Health Science values and supports an environment conducive to learning as well as academic integrity. Therefore, students are expected to comply with Minnesota State University, Mankato student responsibilities and policies for academic integrity. Academic integrity includes meeting ones responsibilities in an honest and forthright manner and avoiding acts of dishonesty, plagiarism, cheating, collusion, and other forms of academic misconduct. An act of dishonesty, cheating, collusion, and/or any other form of academic misconduct will result in a 0 on the assessment and a full letter grade deduction from the final course grade (e.g., A- to B-). An act of plagiarism will result in a 0 on the assessment or assessments and the student will be required to meet with the chair of the Department of Health Science and receive remediation related to plagiarism. Two acts dishonesty, cheating, collusion, and/or any other form of academic misconduct and/or an act of plagiarism after remediation will result in a final course grade of F. Evidence related to any act of academic misconduct will be submitted to the Chairperson of the Department of Health Science. Two acts of academic misconduct or a repeated act of plagiarism after remediation in any Health Science course or courses will result in discontinuance from, or eligibility to enroll in, the academic programs offered by the Department of Health Science. Additionally, evidence related to academic misconduct will be submitted, as appropriate, to the Office of Academic Affairs and and/or the College of Education. Please note: Policy reflects minimum departmental standards. Individual instructors may impose more severe sanctions for an act of academic dishonesty within their courses.

Students in Health and Physical Education are required to earn a C or better in all required general education, required, and elective courses in a major.

Students in Health and Physical Education are required to maintain a G.P.A. of 2.5 or better in the major (required general education, required, and elective courses).

DEGREE MAP CHECKLIST: GRADUATION REQUIREMENTS

<input type="checkbox"/>	1. Minimum of 15 credits per semester
<input checked="" type="checkbox"/>	2. General Education = 44 credits
<input checked="" type="checkbox"/>	3. Diverse Cultures = 2 course (6 credits minimum) from two disciplines
<input checked="" type="checkbox"/>	4. Writing Intensive = 2 courses (6 credits minimum)
<input checked="" type="checkbox"/>	5. Major = <input type="text" value="53"/> credits
<input checked="" type="checkbox"/>	6. Upper-Division Requirements = 40 credits minimum
<input checked="" type="checkbox"/>	7. Professional Education (if required) = 30 credits
<input type="checkbox"/>	8. Language Requirements (if BA) = 8 credits minimum
<input type="checkbox"/>	9. Minor = <input type="text"/> credits

10. Total credits required for degree **DEGREE MAP COMPLETE**

Map is complete and ready for review

1. Faculty please send an email to your Department Chair when map is ready to review.
2. Department Chair please send an email to your Dean when map is ready to review.
3. Dean please send an email to the Assistant Vice President for Undergraduate Studies when map is ready to review.

DEAN APPROVAL

Map reviewed and approved by Dean

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