

**Health Education Office**

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100 Carkoski Commons

507-389-5689

The focus is the ongoing implementation of a campus-wide alcohol and drug abuse prevention program and the promotion of lower-risk alcohol use for those who choose to drink.

If you would like to speak with a professional therapist about alcohol or other drug problems, or would like to complete an alcohol screening, please contact the Counseling Center:

**Counseling Center**

Dr. Miranda Hellenbrand

Centennial Student Union 245

507-389-1455

The Counseling Center provides short-term confidential counseling to help students cope with personal, social and educational concerns that may be interfering with their ability to get the most out of their university experience. Appointments are required for individual meetings with one of the professional counseling staff.

If you would like information on alcohol and sexual assault, date rape drugs, or to learn more about women's issues, contact the Women's Center:

**Women's Center**

238 Centennial Student Union

507-389-6146

The Women's Center provides resources, referral, advocacy, support for women; and education and activism on women's issues. The Women's Center is committed to fight sexism, and all systems of oppression through creative educational methods. The Center also offers education and resources about Rohypnol, the "date rape" drug, and the connections between sexual violence, interpersonal violence, and alcohol.