Health PROs are student volunteers who help other students make informed health and wellness decisions by offering fun, interactive educational outreach on campus. Health PROs are interviewed, trained and supervised by Student Health Services/Health Education.

What Health PROs Volunteers Do:
- provide educational presentations for classes, residence halls, student groups/clubs; and special outreach activities for the entire campus
- commit three hours a week, three presentations/activities per semester to the program for one academic year (Fall and Spring semester)
- attend weekly meetings (Wednesdays from 5:00-5:50 p.m.)

This Year’s Training:
- interested students must attend the on-campus training: September 23rd, 24th, and 25th
- covers information about safer sex, contraception, sexually transmitted infections, healthy eating, fitness, stress management, alcohol, healthy sleep habits, & other health-related topics
- designed to provide public speaking and presentation skill development
- mentoring provided by returning Health PROs volunteers
- training, materials and supplies—great resources for young professionals!

Benefits of being a Health PROs Volunteer:
- develop excellent leadership, presentation, speaking and training skills
- learn how to develop fun, interactive educational programs
- increase knowledge on health issues
- be part of a fun group of students with similar interests
- gain valuable experience for future career/employment

Applications and more information about this position are available from:

Lori Marti
Health Education
Carkoski Commons Room 100
Minnesota State University, Mankato
lori.marti@mnsu.edu
389-5689

Application deadline: 3 pm September 9, 2016

Please return completed applications to the Health Education Office