Hungry? Need a little pick-me-up before class? Check out the improved vending machines in the **Maverick Gameroom** or in **Wiecking Center** for a healthier alternative!!!

**Did you know…** that 85% of snacks in vending machines across the US are considered junk food? At MSU, you have a healthier alternative.

Snacks in these select machines contain:
- ≤250 calories
- ≤4g fat*
- ≤2g saturated fat
- ≤360 mg sodium
- NO trans fat

*except peanuts and Nature Valley granola bars, included because of heart-healthy fats they contain.

For more information, contact Student Health Services Nutrition Health Educator, Rebecca Gruenes, RD, at rebecca.gruenes@mnsu.edu or (507)389-5689