Hungry? Need a little pick-me-up before class?

Check out the improved vending machines in the Maverick Gameroom or in Wiecking Center for a healthier alternative!!!

Did you know... that 85% of snacks in vending machines across the US are considered junk food? At MSU, you have a healthier alternative. Snacks in these select machines contain:

≤250 calories
≤4g fat*
≤2g saturated fat
≤360 mg sodium
NO trans fat

*except peanuts and Nature Valley granola bars, included because of heart-healthy fats they contain.

For more information, contact Student Health Services nutritionist, Pauline Genter, RD, at Pauline.genter@mnsu.edu or (507)389-5689