Recreation, Parks & Leisure Services

College of Allied Health & Nursing
Department of Recreation, Parks And Leisure Services
213 Highland North • 507-389-2127
Website: http://ahn.mnsu.edu/rpls/

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This program prepares a graduate to become a professional leader, supervisor and/or administrator within the private for profit, private non-profit, and the public sectors of the recreation and leisure services field. The program includes preparation for youth programs, community education, municipal and leisure service programs; a broad variety of therapeutic recreation settings including hospitals, long-term care, advocacy organizations, consultant services; a wide variety of commercial recreation and tourism settings, nature and historical interpretation; private and public park systems including park ranger, research, educational outreach, planning marketing, park operations; and military recreation.

The Department offers a professional core that is accredited by the Council on Accreditation of Parks, Recreation, Tourism, and Related Professions (COAPRT) with three career tracks: Leisure Planning and Management, Therapeutic Recreation, and Resource Management.

To be admitted to the major, students need:
- A minimum of 32 semester credit hours
- A minimum cumulative GPA (Minnesota State Mankato and Transfer) of 2.5 or better
- Completion of IT 100 (Introduction to Computing and Applications)
- Completion of RPLS 272 (Introduction to Recreation, Parks, and Leisure Services) with a “C” or better or departmental permission
- An advisor in the department
- Completion of an application for admission that includes an essay and an evaluation from the student’s RPLS 272 (Introduction to Recreation, Parks and Leisure Services) instructor.

Students who have earned fewer than 32 semester credits and/or have a minimum cumulative GPA less than 2.5 can declare as Pre-RPLS. This enables them to select an advisor. Once students meet the entrance requirements, as listed above, they must then apply for formal admittance to the major.

Majors and Pre-RPLS students must also earn a “C” or better in each RPLS class to remain in good standing in the major and be permitted to advance in the program.

POLICIES/INFORMATION

Practicum Policy. Each student must complete the practicum requirement. Students are required to enroll in RPLS 495 (9 credits) after completing all RPLS course work. Students must also meet the following requirements to be eligible to register for Practicum:
- Completion of all other required RPLS coursework with a “C” (2.0) or better in each RPLS class,
- A minimum cumulative GPA of 2.5 in the major,
- Completion of RPLS 302 (Pre-Practicum Seminar)
- Completion of RPLS 384 (Field Experience),
- Completion of an Application for Practicum one semester before the Practicum begins. The application must be approved by the student’s faculty advisor; and
- Permission to register from the student’s faculty advisor.

P/N Grading Policy. Recreation, Parks and Leisure Services majors and minors must take required courses for a letter grade with the exception that the field experience, pre-practicum seminar and practicum courses must be taken on a P/N basis. Non-majors may elect RPLS courses for pass/no credit where this option is available.

Transfer Policy. Transfer students are required to complete a minimum of 40 semester credits of the major at Minnesota State Mankato.

RECREATION, PARKS & LEISURE SERVICES BS
Degree completion = 120 credits

Prerequisites to the Major

Students must earn a “C” or better in RPLS 272 prior to admission to the major. In special circumstances, the department may grant admission to students who have not first completed RPLS 272. However, all RPLS majors must complete RPLS 272 as a requirement for graduation.

IT 100 Introduction to Computing and Applications (4)
RPLS 272 Introduction To Recreation, Parks & Leisure Services (3)

Major Common Core
RPLS 277 Recreation Leadership (3)
RPLS 278 Leisure and Lifestyle (3)
RPLS 302 Pre-Practicum Seminar (2)
RPLS 376 Program Planning in Rec., Parks, and Leisure Services (3)
RPLS 377 Public Relations (3)
RPLS 379 Management of Parks & Recreation Facilities (3)
RPLS 384 Field Experience (1)
RPLS 471W Research Design in Recreation, Parks, and Leisure Services (3)
RPLS 473 Administration of Leisure Time Programs (3)
RPLS 483 Legal Processes in Recreation, Parks and Leisure Services (3)
RPLS 495 Practicum (9)

Major Emphasis: Resource Management
GEOG 373 Introduction to Geography Information Systems (4)
RPLS 282 Wildlife as a Recreational Resource (3)
RPLS 350 Methods of Interpretation in RPLS (3)
RPLS 475 Public Land Use Policies (3)
RPLS 478 Review of Outdoor Recreation Research (3)
RPLS 479 Wildland Recreation Management (3)
RPLS 481 Park Planning (3)

Major Emphasis: Leisure Planning and Management
RPLS 274 Therapeutic Recreation Services (3)
RPLS 325 Programming for Outdoor Settings (3)
RPLS 378 Commercial Recreation and Tourism (3)
RPLS 451 Advanced Program Delivery Methods (3)
RPLS 465 Event Management (3)

Major Emphasis: Therapeutic Recreation
RPLS 274 Therapeutic Recreation Services (3)
RPLS 440 Therapeutic Recreation Assessment (3)
RPLS 447W Therapeutic Recreation Process (3)
RPLS 450 Therapeutic Recreation Techniques (3)
RPLS 489 Advancement of the Therapeutic Recreation Profession (3)

NATIONAL CERTIFICATION IN THERAPEUTIC RECREATION
(choose 0 credits) - Please see Dr. Wise, Advisor for Therapeutic Recreation
BIOL 220 Human Anatomy (4)
HP 348 Structural Kinesiology and Biomechanics (3)
KSP 235 Human Development (3)
PSYC 455 Abnormal Psychology (4)

RECREATION, PARKS & LEISURE SERVICES MINOR

Required for Minor (12 credits)
RPLS 272 Introduction to Recreation, Parks, and Leisure Services (3)
RPLS 376 (3) Program Planning in Recreation, Parks, & Leisure Services
The emphasis of this course is on the program planning process—from creating the idea through evaluation of the program and how it fits into the agency profile. Various formats such as leisure learning, tournaments, trips and outings, and special events are highlighted for a variety of leisure service agencies. Fall, Spring

RPLS 377 (3) Public Relations
Focuses on the total planning, implementation, and techniques of effective public relations. Fall, Spring

RPLS 378 (3) Commercial Recreation and Tourism
This course is a survey of commercial recreation and tourism that examines the basic types of commercial recreation and tourism providers, some basic trends in commercial recreation and the social, economic and environmental impacts of commercial recreation and tourism. Fall

RPLS 379 (3) Management of Parks and Recreation Facilities
This course introduces students to basic management and planning techniques for a wide variety of indoor and outdoor recreation facilities. Fall, Spring

RPLS 380 (3) Pre-Practicum Seminar
This course is designed to be taken two semesters before students complete their practicums. It will help students identify and secure a practicum. It will also help students establish reasonable expectations for a quality practicum experience. Fall, Spring

RPLS 381 (3) Therapeutic Recreation Services
This course is an overview of Therapeutic Recreation Services in a variety of human service settings with emphasis on the assessment, planning, implementation, and evaluation of leisure and recreation programs performed by therapeutic recreation specialists serving persons with physical, mental, emotional, or social limitations. Spring

RPLS 382 (3) Wildlife as a Recreational Resource
A broad survey course that is concerned with game and non-game wildlife species. Habitat is stressed throughout the course as a necessity for maintaining a species. Funding of wildlife programs and changing attitudes of the public are concerns throughout this course. Fall, Spring

RPLS 383 (3) Management of Parks and Recreation Facilities
This course introduces students to basic management and planning techniques for a wide variety of indoor and outdoor recreation facilities. Fall, Spring

RPLS 384 (1) Field Experience
Students are required to complete the Field Experience in order to be eligible to enroll in RPLS 495 Practicum. Students will contract with the advisor to complete 100 hours of volunteer or paid experience in a leisure services organization. Written permission required from the advisor. Fall, Spring

RPLS 385 (3) Therapeutic Recreation Assessment
Students will learn about and gain experience with assessment as it is practiced in therapeutic recreation settings. The course focuses on the basis of assessment, the four most frequently utilized information gathering techniques, and commonly used assessment instruments. Pre: RPLS 274 Fall

RPLS 386 (3) Therapeutic Recreation Process
This course details the Therapeutic Recreation process: assessment, planning, implementation and evaluation in relation to individual treatment programs in Therapeutic Recreation Service. Emphasis is on interpreting assessment data, writing measurable goals and objectives, implementing an actual program and documenting program results in terms currently used in human service settings. Pre: RPLS 274 Fall

RPLS 387 (3) Therapeutic Recreation Techniques
This course is designed to teach a wide variety of interventions and facilitation techniques used in therapeutic recreation programs to give the student knowledge, practice, and ability in the implementation of leisure and recreation programs for persons with special needs. Pre: RPLS 274 and RPLS 447W Spring

RPLS 388 (3) Therapeutic Recreation Delivery Methods
Students will study the recreation needs of various groups of people and learn the
best practices for serving those needs. The emphasis will be on program planning guidelines appropriate for each group across the lifespan and for diverse groups. Spring

**RPLS 465 (3) Event Management**
This course introduces students to special event planning, development, budgeting, promotion and evaluation. The use, recruitment, evaluation and recognition of volunteers as well as fund raising strategies are discussed and employed. Pre: RPLS 377

Spring

**RPLS 471W (3) Research Design in Recreation, Parks and Leisure Services**
This course guides the student through the survey process including the creation and implementation of a questionnaire. The data collected are then analyzed and a formal report is prepared. Computer skills are emphasized.

Fall, Spring

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**RPLS 473 (3) Administration of Leisure Time Programs**
Development of approaches in staffing, planning, organization, coordination, evaluation and directing programs and personnel. Permission required from professor.

Fall, Spring

**RPLS 475 (3) Public Land Use Policies**
Traces the history of public lands in the United States, their acquisition and disposal. Congressional charges to executive agencies managing national lands and state and local government responsibilities for managing nonfederal public lands. Attention is given to international oceanic resources and how the international community will manage these resources.

Fall, Spring

Fall, Spring

**RPLS 478 (3) Review of Outdoor Recreation Research**
This course examines major topics of social science research aimed at learning the preferences, attitudes, behaviors, experiences and benefits of visitors to outdoor recreation areas.

Spring

**RPLS 479 (3) Wildland Recreation Management**
This course introduces students to some basic natural resource and visitor management techniques in outdoor recreation settings. Topics such as interpretation and environmental education, visitor management and ecosystem management are among those discussed.

Spring

**RPLS 481 (3) Park Planning**
Traces the history of the parks movement in the United States, selected legislation establishing parks and the enactment of funding legislation. The importance of public participation, planning and political strategies are stressed.

Fall

**RPLS 482 (3) Leisure and Older Adults**
Leisure as an integral aspect of successful aging is the focus of this course which includes: leisure in relation to physical, intellectual, social and psychological aspects of aging and successful leisure programming in community based settings and in long term care.

Variable

**RPLS 483 (3) Legal Processes in Recreation, Parks and Leisure Services**
This course investigates legislative and budgetary processes utilized in the public, non-profit, and private sectors of the leisure services profession.

Fall, Spring

**RPLS 485 (1-3) Selected Topics**
Course work set through student/advisor agreement.

Fall, Spring

**RPLS 486 (1-4) Minor Practicum**
Course work set through student/advisor agreement.

Fall, Spring

**RPLS 489 (3) Advancement of the Therapeutic Recreation Profession**
This course is designed to develop the student’s ability to function as a member of the interdisciplinary treatment team and practice critical thinking, writing and oral skills related to treatment decisions, ethical issues, professional issues, and health care delivery systems.

Fall

**RPLS 490 (2-4) Workshop**
Variable

**RPLS 495 (9) Practicum**
The Practicum, which is one full semester of professional work experience, is completed at the end of the student’s course work and requires 560 hours of service at a department approved agency where the student works full time for 14 consecutive weeks. Written permission is required from the student’s advisor one semester in advance. Pre: RPLS 302, RPLS 384. Completion of major coursework with a 2.5 GPA in the major courses.

**RPLS 497 (1-8) Internship**
Course based on student/advisor agreement.

Fall, Spring

**RPLS 498 (1-8) Internship**
Course based on student/advisor agreement.

Fall, Spring

**RPLS 499 (1-4) Individual Study**
Course work set by student/advisor discussion.

Fall, Spring