Recreation, Parks & Leisure Services

College of Allied Health & Nursing
Department of Recreation, Parks And Leisure Services
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Website: http://ahn.mnsu.edu/rpls/

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This program prepares a graduate to become a professional leader, supervisor and/or administrator within the private for profit, private nonprofit, and the public sectors of the recreation and leisure services field. The program includes preparation for youth programs, community education, municipal and leisure service programs; a broad variety of therapeutic recreation settings including hospitals, long-term care, advocacy organizations, consultant services; a wide variety of commercial recreation and tourism settings, nature and historical interpretation; private and public park systems including park ranger, research, educational outreach, planning, marketing, park operations; and military recreation.

The Department offers a professional core that is accredited by the Council on Accreditation of Parks, Recreation, Tourism, and Related Professions (COAPRT) with three career tracks: Leisure Planning and Management, Therapeutic Recreation, and Resource Management.

POLICIES/INFORMATION

To be admitted to the major, students need:
- A minimum of 32 semester credit hours
- A minimum cumulative GPA (Minnesota State Mankato and Transfer) of 2.5 or better
- Completion of IT 100 (Introduction to Computing and Applications)
- Completion of RPLS 272 (Introduction to Recreation, Parks and Leisure Services) with a "C" or better or departmental permission
- An advisor in the department
- Completion of an application for admission that includes an essay and an evaluation from the student’s RPLS 272 (Introduction to Recreation, Parks and Leisure Services) instructor.

Students who have earned fewer than 32 semester credits and/or have a minimum cumulative GPA less than 2.5 can declare as Pre-RPLS. This enables them to select an advisor. Once students meet the entrance requirements, as listed above, they must then apply for formal admittance to the major.

Majors and Pre-RPLS students must also earn a “C” or better in each RPLS class to remain in good standing in the major and be permitted to advance in the program.

Practicum Policy. Each student must complete the practicum requirement. Students are required to enroll in RPLS 495 (9 credits) after completing all RPLS coursework. Students must also meet the following requirements to be eligible to register for Practicum:
- Completion of all other required RPLS coursework with a “C” (2.0) or better in each RPLS class
- A minimum cumulative GPA of 2.5 in the major
- Completion of RPLS 302 (Pre-Practicum Seminar)
- Completion of RPLS 384 (Field Experience)
- Completion of an Application for Practicum one semester before the Practicum begins. The application must be approved by the student’s faculty advisor; and
- Permission to register from the student’s faculty advisor.

P/N Grading Policy. Recreation, Parks and Leisure Services majors and minors must take required courses for a letter grade with the exception that the field experience, pre-practicum seminar and practicum courses must be taken on a P/N basis. Non-majors may elect RPLS courses for pass/no credit where this option is available.

Transfer Policy. Transfer students are required to complete a minimum of 40 semester credits of the major at Minnesota State Mankato.

RECREATION, PARKS & LEISURE SERVICES BS
Degree completion = 120 credits

Pre-requisites to the Major

Students must earn a “C” or better in RPLS 272 prior to admission to the major. In special circumstances, the department may grant admission to students who have not first completed RPLS 272. However, all RPLS majors must complete RPLS 272 as a requirement for graduation.

IT 100 Introduction to Computing and Applications (4)
RPLS 272 Introduction To Recreation, Parks & Leisure Services (3)

Major Common Core

RPLS 277 Recreation Leadership (3)
RPLS 278 Leisure and Lifestyle (3)
RPLS 302 Pre-Practicum Seminar (2)
RPLS 376 Program Planning in Rec., Parks, and Leisure Services (3)
RPLS 377 Public Relations (3)
RPLS 379 Management of Parks & Recreation Facilities (3)
RPLS 384 Field Experience (1)
RPLS 471W Research Design in Recreation, Parks, and Leisure Services (3)
RPLS 473 Administration of Leisure Time Programs (3)
RPLS 483 Legal Processes in Recreation, Parks and Leisure Services (3)
RPLS 495 Practicum (9)

Major Emphasis: Resource Management

GEOG 373 Introduction to Geographic Information Systems (4)
RPLS 282 Wildlife as a Recreational Resource (3)
RPLS 350 Methods of Interpretation in RPLS (3)
RPLS 475 Public Land Use Policies (3)
RPLS 478 Review of Outdoor Recreation Research (3)
RPLS 479 Wildland Recreation Management (3)
RPLS 481 Park Planning (3)

Major Emphasis: Leisure Planning and Management

RPLS 274 Therapeutic Recreation Services (3)
RPLS 325 Programming for Outdoor Settings (3)
RPLS 378 Commercial Recreation and Tourism (3)
RPLS 451 Advanced Program Delivery Methods (3)
RPLS 465 Event Management (3)

Major Emphasis: Therapeutic Recreation

RPLS 274 Therapeutic Recreation Services (3)
RPLS 440 Therapeutic Recreation Assessment (3)
RPLS 447W Therapeutic Recreation Process (3)
RPLS 450 Therapeutic Recreation Techniques (3)
RPLS 489 Advancement of the Therapeutic Recreation Profession (3)

NATIONAL CERTIFICATION IN THERAPEUTIC RECREATION

(choose 0 credits) - Please see Dr. Wise, Advisor for Therapeutic Recreation
BIOL 220 Human Anatomy (4)
HP 348 Structural Kinesiology and Biomechanics (3)
KSP 235 Human Development (3)
PSYC 455 Abnormal Psychology (4)

RECREATION, PARKS & LEISURE SERVICES MINOR

Required for Minor

RPLS 272 Introduction to Recreation, Parks, and Leisure Services (3)
RPLS 376 Program Planning in Rec., Parks and Leisure Services (3)
RPLS 377 Public Relations (3)
RPLS 473 Administration of Leisure Time Programs (3)
### COURSE DESCRIPTIONS

**RPLS 272 (3) Introduction to Recreation, Parks & Leisure Services**
A foundation course that introduces the student to the profession of leisure services. Emphasis is placed on recreation in the student’s life, the development of the profession, the community leisure service system and careers in recreation, parks and leisure services.
*Fall, Spring*

**RPLS 274 (3) Therapeutic Recreation Services**
This course is designed to be an overview of Therapeutic Recreation Services in a variety of human service settings with emphasis on the assessment, planning, implementation and evaluation of leisure and recreation programs performed by therapeutic recreation specialists serving persons with physical, mental, emotional or social limitations.
*Spring*

**Diverse Cultures - Purple**

**RPLS 277 (3) Recreation Leadership**
Through interactive classroom assignments, students develop expertise in planning, leading and evaluating a recreational experience. Foundations of leadership, group dynamics and motivation are also included.
*Fall, Spring*

**RPLS 278 (3) Leisure and Lifestyle**
This course addresses leisure wellness and incorporates leisure into life as a balancing force for healthy living. Leisure is studied in relation to: work, time and money management, stress management, healthy relationships, life choices and decisions, personal and community resources, career opportunities and in relation to current issues in politics and in the work place.
*Fall, Spring*

**GE-11**

**RPLS 282 (3) Wildlife as a Recreational Resource**
A broad survey course that is concerned with game and non-game wildlife species. Habitat is stressed throughout the course as a necessity for maintaining a species. Funding of wildlife programs and changing attitudes of the public are concerns throughout this course.
*Fall, Spring*

**RPLS 302 (2) Pre-Practicum Seminar**
This course is designed to be taken two semesters before students completes their practicums. It will help students identify and secure a practicum. It will also help students establish reasonable expectations for a quality practicum experience.
*Fall, Spring*

**GE-10**

**RPLS 325 (3) Programming for Outdoor Settings**
This course exposes the parks and recreation major to basic outdoor skills. The camping movement in America is discussed as well as progression planning strategies for outdoor recreation.
*Fall*

**RPLS 350 (3) Methods of Interpretation in RPLS**
Students will be introduced to various methods and skills used to design and deliver interpretive programs and materials to various audiences. Students will also apply the philosophies, concepts, theories and practical skills necessary for implementing effective interpretive programs.
*Fall*

**RPLS 376 (3) Program Planning in Recreation, Parks, & Leisure Services**
The emphasis of this course is on the program planning process—from creating the idea through evaluation of the program—and how it fits into the agency profile. Various formats such as leisure learning, tournaments, trips and outings, and special events are highlighted for a variety of leisure service agencies.
*Fall, Spring*

**RPLS 377 (3) Public Relations**
Focuses on the total planning, implementation and techniques of effective public relations.
*Fall, Spring*

**RPLS 378 (3) Commercial Recreation and Tourism**
This course is a survey of commercial recreation and tourism that examines the basic types of commercial recreation and tourism providers, some basic trends in commercial recreation and the social, economic and environmental impacts of commercial recreation and tourism.
*Fall*

**RPLS 379 (3) Management of Parks and Recreation Facilities**
This course introduces students to basic management and planning techniques for a wide variety of indoor and outdoor recreation facilities.
*Fall, Spring*

**RPLS 384 (1) Field Experience**
Students are required to complete the Field Experience in order to be eligible to enroll in RPLS 495 Practicum. Students will contract with the advisor to complete 100 hours of volunteer or paid experience in a leisure services organization. Written permission required from the advisor.
*Fall, Spring*

**RPLS 398 (0) CPT: Co-Operative Experience**
Curricular Practical Training: Co-Operative Experience is a zero-credit full-time practical training experience for one summer and one adjacent fall or spring term. Special rules apply to preserve full-time student status. Please contact an advisor in your program for complete information.
*Pre: At least 60 credits earned; in good standing; instructor permission; co-op contract; other prerequisites may also apply.*
*Fall, Spring, Summer*

**RPLS 400 (3) Therapeutic Recreation Assessment**
Students will learn about and gain experience with assessment as it is practiced in therapeutic recreation settings. The course focuses on the basis of assessment, the four most frequently utilized information gathering techniques, and commonly used assessment instruments.
*Pre: RPLS 274*
*Fall*

**RPLS 447W (3) Therapeutic Recreation Techniques**
This course details the Therapeutic Recreation process: assessment, planning, implementation and evaluation in relation to individual treatment programs in Therapeutic Recreation Service. Emphasis is on interpreting assessment data, writing measurable goals and objectives, implementing an actual program and documenting program results in terms currently used in human service settings.
*Pre: RPLS 274*
*Fall, WI*

**RPLS 447W (3) Therapeutic Recreation Techniques**
This course is designed to teach a wide variety of interventions and facilitation techniques used in therapeutic recreation programs to give the student knowledge, practice and ability in the implementation of leisure and recreation programs for persons with special needs.
*Pre: RPLS 274 and RPLS 447W*
*Spring*
RPLS 451 (3) Advanced Program Delivery Methods
Students will study the recreation needs of various groups of people and learn the best practices for serving those needs. The emphasis will be on program planning guidelines appropriate for each group across the lifespan and for diverse groups.
Spring

RPLS 465 (3) Event Management
This course introduces students to special event planning, development, budgeting, promotion and evaluation. The use, recruitment, evaluation and recognition of volunteers as well as fundraising strategies are discussed and employed.
Pre: RPLS 377
Spring

RPLS 471W (3) Research Design in Recreation, Parks and Leisure Services
This course guides the student through the survey process including the creation and implementation of a questionnaire. The data collected are then analyzed and a formal report is prepared. Computer skills are emphasized.
Fall, Spring

RPLS 473 (3) Administration of Leisure Time Programs
Development of approaches in staffing, planning, organization, coordination, evaluation and directing programs and personnel.
Permission required from professor.
Fall, Spring

RPLS 475 (3) Public Land Use Policies
Traces the history of public lands in the United States, their acquisition and disposal. Congressional charges to executive agencies managing national lands and state and local government responsibilities for managing nonfederal public lands. Attention is given to international oceanic resources and how the international community will manage these resources.
Fall, Spring

RPLS 478 (3) Review of Outdoor Recreation Research
This course examines major topics of social science research aimed at learning the preferences, attitudes, behaviors, experiences and benefits of visitors to outdoor recreation areas.
Spring

RPLS 479 (3) Wildland Recreation Management
This course introduces students to some basic natural resource and visitor management techniques in outdoor recreation settings. Topics such as interpretation and environmental education, visitor management and ecosystem management are among those discussed.
Spring

RPLS 481 (3) Park Planning
Traces the history of the parks movement in the United States, selected legislation establishing parks and the enactment of funding legislation. The importance of public participation, planning and political strategies are stressed.
Fall

RPLS 482 (3) Leisure and Older Adults
Leisure as an integral aspect of successful aging is the focus of this course which includes: leisure in relation to physical, intellectual, social and psychological aspects of aging and successful leisure programming in community based settings and in long term care.
Variable

RPLS 483 (3) Legal Processes in Recreation, Parks and Leisure Services
This course investigates legislative and budgetary processes utilized in the public, nonprofit, and private sectors of the leisure services profession.
Fall, Spring

RPLS 485 (1-3) Selected Topics
Fall, Spring

RPLS 486 (1-4) Minor Practicum
Course work set through student/advisor agreement.
Fall, Spring

RPLS 489 (3) Advancement of the Therapeutic Recreation Profession
This course is designed to develop the student’s ability to function as a member of the interdisciplinary treatment team and practice critical thinking, writing and oral skills related to treatment decisions, ethical issues, professional issues, and health care delivery systems.
Fall

RPLS 490 (2-4) Workshop
Variable

RPLS 495 (9) Practicum
The Practicum, which is one full semester of professional work experience, is completed at the end of the student’s course work and requires 560 hours of service at a department approved agency where the student works full time for 14 consecutive weeks. Written permission is required from the student’s advisor one semester in advance.
Pre: RPLS 302, RPLS 384. Completion of major coursework with a 2.5 GPA in the major courses.

RPLS 497 (1-8) Internship
Course based on student/advisor agreement.
Fall, Spring

RPLS 498 (1-8) Internship
Course based on student/advisor agreement.
Fall, Spring

RPLS 499 (1-4) Individual Study
Course work set by student/advisor discussion.
Fall, Spring