Health and Physical Education

College of Allied Health & Nursing

This major is a joint program offered by the Departments of Health Science and Human Performance that meets Professional Educator Licensing and Standards Board (PELSB) requirements for licensure in both Health Education and Physical Education.

Department of Health Science
213 Highland Center N • 507-389-1527
Website: www.mnsu.edu/dept/health/
Chair: Marlene K. Tappe
Faculty: Autumn Hamilton, Amy Hedman, Dawn Larsen, Jennifer Londgren, Judith Liebke, Marge Murray-Davis, Thad Shunkwiler, Marlene Tappe, Joseph Visker, Mark Windisch

Department of Human Performance
1400 Highland Center • 507-389-6313
Website: ahn.mnsu.edu/hp/
Chair: Lynnette M. Engeswick
Program Coordinators: Sue Terr and Ben Schwambenger
Faculty: Ben Schwambenger, Sue Terr

Academic Map/Degree Plan at www.mnsu.edu/programs/#All

POLICIES/INFORMATION

Students planning to major in the College of Allied Health and Nursing have an advisor from their area of interest assigned to them. Questions and concerns pertaining to advising and the assignment of advisors can be answered by Shirley Murray, Student Relations Coordinator, 507-389-5194, with office located in 124 Myers Field House.

HEALTH AND PHYSICAL EDUCATION BS
Degree completion = 120 credits

The Health (5-12) and Physical Education (K-12) teaching program meets national and state standards for the preparation of school health educators and physical educators. This program prepares future teachers for what they should know and be able to do in order to help their students develop health-related knowledge and skill to engage in healthy behaviors including lifelong physical activity. This major is a joint program offered by the Departments of Health Science and Human Performance that meets Professional Educator Licensing and Standards Board (PELSB) requirements for licensure in both Health Education and Physical Education.

Admission Requirements. Please see the admission requirements specific to each of the undergraduate programs offered by the Department of Health Science.

Academic Requirements.

Grade Policy. The Department of Health Science requires students in Alcohol and Drug Studies, to earn a "C" or better in all required general education, required, and elective courses in the major. Students in Community Health Education, Health and Physical Education, and School Health Education are required to earn a "C" or better in all required general education (except Chemistry), required major courses (except Human Anatomy), and elective courses in these majors. The department also requires students in the Alcohol and Drug Studies and Health Science minors to earn a "C" or better in all core and elective courses in the minors.

Minimum G.P.A. Policy. The Department of Health Science requires students in Alcohol and Drug Studies, Community Health Education, Health and Physical Education, and School Health Education to maintain a G.P.A. of 2.5 or better in the major (required general education, required, and elective courses in a major). A G.P.A. of 2.5 in the major is required for graduation in Alcohol and Drug Studies, Community Health Education, Health and Physical Education, and School Health Education.

P/N Grading Policy. All required general education, required, and elective courses must be taken for grade except HLTH 495, HLTH 496, and HLTH 497.

Academic Integrity Policy. The Department of Health Science values and supports an environment conducive to learning as well as academic integrity. Therefore, students are expected to comply with Minnesota State Mankato student responsibilities and policies for academic integrity. Academic integrity includes meeting ones responsibilities in an honest and forthright manner and avoiding acts of dishonesty, plagiarism, cheating, collusion, and other forms of academic misconduct. An act of dishonesty, cheating, collusion, and/or any other form of academic misconduct will result in a D on the assessment and a full letter grade deduction from the final course grade (e.g., "A" to "B"). An act of plagiarism will result in a 0 on the assessment or assessment and the student will be required to meet with the chair of the Department of Health Science and receive remediation related to plagiarism. Two acts of dishonesty, cheating, collusion, and/or any other form of academic misconduct and/or an act of plagiarism after remediation will result in a final course grade of "F". Evidence related to any act of academic misconduct will be submitted to the Chairperson of the Department of Health Science. Two acts of academic misconduct or a repeated act of plagiarism after remediation in any Health Science course or courses will result in disqualification from, or eligibility to enroll in, the academic programs offered by the Department of Health Science. Additionally, evidence related to academic misconduct will be submitted, as appropriate, to the Office of Academic Affairs and/or the College of Education. Please note: Policy reflects minimum departmental standards. Individual instructors may impose even more severe sanctions for an act of academic dishonesty within their courses.

Required General Education
22 credit hours
CHEM 106 Introduction to Chemistry (for Allied Health) (3)
FCS 140 Introduction to Nutrition (3)
HLTH 101 Health and the Environment (3)
HLTH 240 Drug Education (3)
HP 182 Aquatic Skills (1)
HP 291 Concepts of Fitness (2)
KSP 220W Human Relations in a Multicultural Society (3)
PSYC 101 Introduction to Psychological Science (4)

Prerequisites to the Major
8 credit hours
BIOL 220 Human Anatomy (4)
BIOL 310 Basics of Human Physiology (4)

Major Common Core
45 credit hours
HLTH 210 First Aid & CPR (3)
HLTH 311 Family Life & Sex Education (3)
HLTH 320 School Health Education (3)
HLTH 410W Current Health Issues (3)
HLTH 420W School Health Methods (3)
HLTH 451 Emotional Health and Stress (3)
HLTH 454 Chronic and Infectious Diseases (3)
HP 202 Introduction to Teaching PE and Health (1)
HP 203 Fundamentals of Indoor and Outdoor Team Sports (2)
HP 204 Fundamentals of Individual and Dual Sports (2)
HP 205 Fundamentals of Rhythm and Dance (2)
HP 348 Structural Kinesiology and Biomechanics (3)
HP 356 Methods of Elementary Physical Education (3)
HP 387 Methods of Secondary Physical Education (3)
HP 411 Developmental/Adapted Physical Education (3)
HP 413 Lifespan Motor Development (2)
HP 414 Physiology of Exercise (3)

Other Graduation Requirements
K-12 Education: Refer to the list of required professional education courses. KSP 220W Human Relations in a Multicultural Society is included in the required general education section.

Students in the Health and Physical Education Teaching program are strongly encouraged to consider completing the Developmental Adapted Physical Education Minor as well as the Athletic Coaching Minor offered by the Department of Human Performance.

COURSE DESCRIPTIONS
LOCATED UNDER HEALTH SCIENCE (HLTH) AND HUMAN PERFORMANCE (HP) COURSE DESCRIPTIONS