SCHOOL HEALTH EDUCATION

School Health Education
College of Allied Health & Nursing

Department of Health Science
213 Highland Center N • 507-389-1527
Website: www.mnsu.edu/dept/health/

Chair: Marlene K. Tappe
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Academic Map/Degree Plan at www.mnsu.edu/programs/#All

Accreditation: NCATE: Health and Physical Education, BS; School Health Education, BS; MS SABPAC: Community Health Education, BS

The Department of Health Science offers undergraduate majors in Alcohol and Drug Studies (B.S.), Community Health Education (B.S.), and School Health Education (B.S.) as well as a major in Health and Physical Education in collaboration with the Department of Human Performance. The department also offers undergraduate minors in Alcohol and Drug Studies and Health Science. At the graduate level the Department of Health Science offers Post-Baccalaureate programs in Public Health Education (100% online) and School Health Education (online-plus) as well as advanced degree programs in Community Health Education (M.S.) (online-plus) and School Health Education (M.S.) (online-plus).

POLICIES/INFORMATION

Admission Requirements. Please see the admission requirements specific to each of the undergraduate programs offered by the Department of Health Science.

Academic Integrity Policy

The Department of Health Science values and supports an environment conducive to learning as well as academic integrity. Therefore, students are expected to comply with Minnesota State Mankato student responsibilities and policies for academic integrity. Academic integrity includes meeting ones responsibilities in an honest and forthright manner and avoiding acts of dishonesty, plagiarism, cheating, collusion, and/or other forms of academic misconduct. An act of dishonesty, cheating, collusion, and/or any other form of academic misconduct will result in a “F” on the assessment and a full letter grade deduction from the final course grade (e.g., “A-” to “F”). An act of plagiarism will result in a “F” on the assessment and/or a zero on the assessment and/or a cumulative G.P.A. of at least 2.5, and/or a “C” or better in general education MATH, Health Education (100% online) and School Health Education (online-plus).

SCHOOL HEALTH EDUCATION BS

Degree completion = 120 credits

Admission Requirements.

School Health Education major admission requirements include:

- completion of a minimum of 32 credit hours,
- a minimum cumulative G.P.A. of 2.5,
- a “C” or better in ENGL 101,
- a “C” or better in HLTH 101, and
- a “C” or better in HLTH 260.

Professional Education admission requirements include:

- a minimum of 32 credit hours,
- a minimum of cumulative G.P.A. of 2.75,
- evidence of registration for MTLE Basic Skills Exam, enrollment in or completion of KSP 220W,
- a “C” or better in ENGL 101, and
- a “C” or better in general education MATH.

Required for General Education

BIOL 101 Our Natural World (4)
CHIST 102 Public Speaking (3)
FCS 140 Introduction to Nutrition (3)
HLTH 101 Health and the Environment (3)
HLTH 210 First Aid and CPR (3)
KSP 220W Relations in the Multicultural Society (3)

Major Common Core

BIOL 220 Human Anatomy (4)
CMST 102 Public Speaking (3)
CHEM 106 Chemistry of Life Process Part I (General) (3)
HLTH 212 Consumer Health (3)
HLTH 240 Drug Education (3)
HLTH 260 Introduction to Health Education (3)
HLTH 311 Family Life and Sex Education (3)
HLTH 320 Health Teaching Methods I (3)
HLTH 410 Current Health Issues (3)
HLTH 420W Health Teaching Methods II (3)
HLTH 451 Emotional Health and Stress (3)
HLTH 454 Chronic and Infectious Diseases (3)
HLTH 475 Biostatistics (3)

Major Restricted Electives (choose 3 credits)

HLTH 350W Health Communication and Advocacy (4)
HLTH 440 Teaching First Aid and CPR (2)
HLTH 441 Death Education (3)
HLTH 450 Environmental Health (3)
HLTH 459 Critical Topics in Health (1-3)
HLTH 460 Introduction to Epidemiology (3)
HP 414 Physiology of Exercise (3)

School Health Education BS

Program Information. Students must earn a “C” or better in all required general education (except Chemistry) and required courses (except Human Anatomy) and elective courses in the School Health Education major. Students must also maintain a G.P.A. of 2.5 or better in the major (required general education, required, and elective courses). A G.P.A. of 2.5 in the major is also required for graduation in School Health Education.

Other Graduation Requirements

Secondary Education. Refer to the list of required professional education courses. KSP 220W Human Relations in a Multicultural Society is included in the required general education section.

COURSE DESCRIPTIONS

LOCATED UNDER HEALTH SCIENCE (HLTH) COURSE DESCRIPTIONS

The School Health Education (5-12) teaching program meets national and state standards for the preparation of school health educators. This program prepares future teachers for what they should know and be able to do in order to help students develop health-related knowledge and skills to engage in healthy behaviors. This major meets Minnesota Board of Teaching (BOT) requirements for licensure in Health Education.

Located in the Health Science (HLTH) program, the School Health Education (SHE) major provides comprehensive preparation for health education positions in schools, colleges, public health agencies, and other community settings. Students develop a strong foundation in the principles and methods of health education, health psychology, and health behavior change. The program emphasizes the development of skills in planning, delivering, and evaluating health education programs. Students also gain skills in leadership, communication, and critical thinking. A practicum experience is required.

Bachelor of Science in School Health Education (BSHE)

Degree Completion: 120 credits

Required General Education Courses

BIOL 101 Our Natural World (4)
HSST 102 Public Speaking (3)
CHEM 106 Chemistry of Life Process Part I (General) (3)
HLTH 212 Consumer Health (3)
HLTH 240 Drug Education (3)
HLTH 260 Introduction to Health Education (3)
HLTH 311 Family Life and Sex Education (3)
HLTH 320 Health Teaching Methods I (3)
HLTH 410 Current Health Issues (3)
HLTH 420W Health Teaching Methods II (3)
HLTH 451 Emotional Health and Stress (3)
HLTH 454 Chronic and Infectious Diseases (3)
HLTH 475 Biostatistics (3)

Required Professional Education Courses

HLTH 350W Health Communication and Advocacy (4)
HLTH 440 Teaching First Aid and CPR (2)
HLTH 441 Death Education (3)
HLTH 450 Environmental Health (3)
HLTH 459 Critical Topics in Health (1-3)
HLTH 460 Introduction to Epidemiology (3)
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