

2008 MSU GROOVE YOUR HEALTH TEAM PROGRESS SHEET

Captains: Use this sheet to keep track of your team's points. Each Friday, your team members will give you their point totals for the previous week. Update this sheet and either email the attachment or just email the names and points to Graham Prather, preferably before lunch Friday. graham.prather@mnsu.edu

Team Name:

Captain:

Team Member Name	Week 1	Week 2	Week 3	Individual Point Totals
Team Point Totals				