

MSU *Groove your Health!* Challenge

April 4, 2008-April 24, 2008

Registration

Please fill this out and send to Graham Prather, WA 336

Team Name _____

Team Captain's Name _____

	Team Member Name	E-mail
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		

Team Captain Information

1. Find a group of 3-8 people to form a team
2. Fill out this registration form and send it to Graham Prather, WA 336 by April 4th
3. Each Friday, collect everyone's total points for the week
4. Email a list of each individual's points for the week to graham.prather@mnsu.edu by noon on Friday. Please submit the final week's total by Thursday evening so that team totals will be available for the April 25th luncheon and award ceremony.
5. Team averages each week will be posted on the website www.mnsu.edu/wellness (no individual points will be listed)
6. On Friday April 25th, there will be a free lunch reception for all who participated, with over 100 door prizes and awards to the three teams that averaged the most points.