GUIDELINES FOR LIVING WITH A BUSY CHILD

1. Accept your child’s limitations.

2. Provide outlets for the release of excessive energy.

3. Keep the home existence organized.

4. Avoid fatigue in these children.

5. Maintain firm discipline.

6. Enforce discipline with nonphysical punishment.

7. Stretch the attention span.

8. Buffer the child against any overreaction by neighbors.

9. Periodically get away from it all.

Source: Judith Eckardt, SLP, Board Recognized Fluency Specialist, USA, 7/04