This bulletin is presented to you by Shady Trails, the University of Michigan Speech Improvement Camp — established in 1932 and acquired by the University in 1949 through the generosity of The Kresge Foundation. The Camp is operated in co-operation with the University Speech Clinic and the Department of Speech.

For further information address:
University of Michigan,
Speech Improvement Camp,
John N. Clancy, Director,
1007 East Huron Street,
Ann Arbor, Michigan.

From June 10 to September 10, 1950:
Shady Trails Camp,
John N. Clancy, Director,
Northport, Michigan.

Why a Camp-Clinic?

Shady Trails Camp is a pioneer in the appreciation that speech, like other muscular and nervous action, is dependent to a greater or less degree upon the condition and function of every part of the body. With this appreciation, a re-training program for boys with speech problems must attend to physical and personality needs as well as to speech needs.

For more than three-quarters of a century groups of boys have attended recreational summer camps. The summer camp situation has served in the acquisition of health; in the transition through adolescence; in the adjustment of emotional and social problems. Boys have gained from their summer camp experience an ability to live happily with others; an increase in willingness to take responsibilities; the faculty of self-direction and leadership; a confidence in recreational and social activities.

Shady Trails Camp has taken this modern vehicle for the development of desirable traits in "normal" boys and given it to boys with speech problems, for whom the need is many times greater. It has added classes, specialized recreation and varied programs in speech improvement to the advantages of camp environment. Thus, it provides not only for the acquisition of good speech, but builds as well a physical and personality framework on which good speech may continue to thrive.

In Camp the contact between teacher and student, whether in or out of the classroom, is always first hand. The counsel of members of the staff begins each day with reveille and ends only with taps.

No other clinical situation can provide the same type of recreational, physical, social and guidance advantages as that of the camp-clinic.
Camp Quarters

After fifteen years of experience in clinical camping, a new camp of fourteen buildings was built and equipped and occupied for the first time in the summer of 1947. It occupies a well-wooded site of a quarter mile on Grand Traverse Bay.

The cottages for campers are each 28' wide x 50' long. Each has living room with natural fireplace, four sleeping rooms for campers, one sleeping room for counselors and double bath with showers. Electricity and running water are amply supplied.

A finely constructed Lodge houses dining room, kitchen and offices. The Infirmary is a separate building with well equipped first-aid room and isolation rooms. The camp nurse resides in the Infirmary.

Athletics and Camp Diet

The athletic program has been developed to serve multi-purposes: to build well-coordinated bodies; to develop physical and social skills; to provide a testing ground for new speech habits. The athletic field includes diamonds for soft-ball, courts for basket-ball, volley-ball, badminton and tennis. The water-front is modernly equipped with steel pier, shallow and deep-water floats and large rowboats. Athletics and water-front activities are, of course, planned programs and always under supervision.

The preparation and serving of food at Shady Trails is personally supervised by Mrs. Clancy. Her accomplishments are evidenced by gratifying gains in weight in most campers. Use of the word “diet” in connection with the conduct of the Camp does not signify restricted rations, but rather well balanced meals. Good food and plenty of it, served in a cheerful atmosphere, contributes to the healthy status of campers and thus indirectly to their speech welfare.
Camp Staff

Only those persons are on the staff of Shady Trails in the capacity of examiners (speech and medical), speech correctionists, physical directors and advisers who have received special training in their subjects at a first class university or college, who in addition have had adequate practical experience, and whose personal traits merit the confidence of their associates.

The staff is a sizeable one and each member is carefully selected with the welfare of the campers in mind. The contact of staff members with campers is first hand, in camping activities as well as in class, and "around the clock" every day of the session.
The 1948 Resident Staff

Director:
John N. Clancy (University of Notre Dame; University of Michigan). Assistant to the Director, University of Michigan Speech Clinic.

Camp Mother:
Mrs. John N. Clancy.

Speech Correctionists:
Ruth G. Curtis (Northeast Missouri State Teachers College; Northwestern University). Director of Speech and Hearing Clinic, Lock Haven (Pennsylvania) State Teachers College.
Dorothy M. Spencer (Wayne University). Speech Correctionist, Detroit Public Schools.
Keith L. Maxwell (Purdue University; University of Michigan). Hearing Testing Program, Purdue University.
Lucille Ramsey (Wayne University). Speech Correctionist, Detroit Public Schools.
Lois Cuthran (University of Michigan). Speech Correctionist, Ann Arbor Public Schools.
Francie Ross (University of Iowa). Speech Correctionist, Junior League, Atlanta, Georgia.

Associate Speech Correctionists:
Daniel J. Burns (Geneseo [N.Y.]) State Teachers College).
T. Arden Monson (Pennsylvania State College).
Betty Bumpust (University of Michigan).
J. Keith Graham (Wayne University).
Mariel Green (University of Michigan).
Martha Thrun (Bowling Green State University; Western Reserve University).

Physical Directors:
George D. Silsby (University of Illinois).
John M. Kroemer (University of Illinois).
Richard Young (Michigan State College).
Gordon C. Cole (Michigan State College).
Daniel L. Gouldsmith (Michigan State College).
Arnold Spera (Michigan State College).
Kenneth E. Davert (University of Michigan).

Camp Nurse:
Jean Cochran (Deaconess Hospital, Cincinnati).

Secretaries:
Ellen Crowley (University of Michigan).
Joanna Stormer (Michigan State Normal College).

Advisers (non-resident):
H. Harlan Bloomer, Ph.D., Director of the Speech Clinic, University of Michigan.
G. E. Doseman, M.A., Chairman of the Department of Speech, University of Michigan.
Clark Tibbitts, B.S., Director of the Institute for Human Adjustment, University of Michigan.
L. Dale Henry, M.D., Staff Physician and Lecturer in Speech Pathology, University of Michigan Speech Clinic.
D. E. Morley, M.A., Senior Clinician in Charge of Hearing Division, University of Michigan Speech Clinic.
Hildred A. Gross, M.A., Supervisor of Speech Correction Classes, Detroit Public Schools.
Harold B. Westlake, Ph.D., Assoc. Professor of Speech Correction and Audiology, Northwestern University.

The Clancys are responsible for the establishment of speech correction on the "camp-plan." Under their direction no aspect of physical or personal adjustment is regarded as unimportant for the permanent welfare of their campers.
A Camper's Typical Daily Program

Morning:
6:50 Rising
7:00 Setting-up Exercises (Dip optional)
7:30 Breakfast
8:00 Rooms in order
8:20 Group Speech Class
9:00 Study Hour
10:00 Individual Speech Class
10:30 Recreation
   Park Avenue—Games
   Roost—Trail Blazing
   Neophytes—Badminton
   Wolverines—Softball
   Cavemen—Basketball
   University Club—Tennis Class
11:30 Ease Period (Ready for Dinner)
12:00 Dinner

Afternoon:
12:30 Rest Period
1:30 Group Speech Class
2:00 Individual Physical Instruction
3:20 Special Assembly
   Junior Choral Reading
   Senior Choral Reading
   Progressive Relaxation
   Remedial Reading
   Physical Education
4:00 Recreation
   Senior Groups—Swimming and Water Sports
   Intermediate Groups—Water Polo
   Junior Groups—Rowing and Fishing
5:30 Ease Period (Ready for Supper)
6:00 Supper

Evening:
6:30 Ease Period (After-dinner speaking, letter writing, reading, checkers, etc.)
7:15 Recreation
   Senior Groups—Meeting of Open Forum Club
   Intermediate Groups—Trip to Village of Northport
   Junior Groups—Council Ring with Stunts
8:30 Park Avenue and Roast Retire—Lights out at 8:45
9:15 Neophytes, Wolverines, Cavemen and University Club Retire—Lights out at 9:30

Your Questions

A question that frequently and quite naturally occurs in the minds of interested parents is one regarding the effect of close association between boys with speech handicaps.

In our many years of experience at the Camp and at the Speech Clinic of the University of Michigan we have found that the common bond between boys with speech handicaps has definite advantages. We have yet to see an instance in which harmful results have occurred from such association.

If this or similar questions arise in your mind we suggest that you inquire information on these points from the parents of boys who have attended the Camp. References to families nearest your neighborhood will be furnished upon request.
The Park Avenue COTTAGE FOR BOYS AGES 8-9-10

As in other groups, daily activities for younger members of the camp offer an unique opportunity for the carry-over of new habits from the classroom to practical environment.
The Roost  A COTTAGE FOR BOYS AGES 11 - 12 - 13

The surroundings at Shady Trails are pleasant and harmonious—the buildings modern and comfortable—the atmosphere friendly. Home-sickness is literally unknown in any age group.
The Neophytes  A COTTAGE FOR BOYS AGES 13-14

Group living, as afforded at Shady Trails, gives practical experience in the art of living happily with others; provides for sensible guidance in the transition through adolescence.
The Wolverines  A COTTAGE FOR BOYS AGES 15-16

The emphasis in speech correction at Shady Trails is the carry-over from class activities to experience in group living. Each group is small enough to allow adequate attention in class and large enough to provide experience in the group situation.
The Cavemen  A COTTAGE FOR BOYS AGES 17-18-19

Life at Shady Trails is made varied and interesting through informal programs of swimming, boating, fishing, hiking, baseball, basketball, volley ball, tennis, as well as frequent club meetings, dramatics, camp fires, parties. In all these activities the staff participates and always "speech comes first."
The University Club  A COTTAGE FOR BOYS AGES 20 THROUGH 24

The counsel of a mature and competent staff assists in the adjustment of personality and social problems so often concurrent with speech difficulties in older boys.
Organization

The Camp's enrollment is divided into age levels with fifteen boys in a group. The full time and effort of three staff members (speech correctionist, associate speech correctionist and physical director) are devoted exclusively to each group. The staff includes also such general and administrative members as medical examiner, speech examiner, camp director, camp mother, program director and camp secretaries.

Each camper attends two group speech classes daily and participates in a group study period. He receives daily individualized speech instruction and counsel. He takes active part in the Camp's morning, afternoon and evening recreational program.

His group, with its staff members, is a social unit in which much of the life of a camper at Shady Trails centers. Whether in class, at a picnic, on a hike, or around a camp fire, this unit is small enough to allow adequate individual participation and large enough to provide experience in the group situation. The planned classes and programs provide for this participation and experience many times a day so that a camper acquires skill by doing.

Policy

It is the policy of Shady Trails to have each camper understand thoroughly every bit of his work of the session. The Camp does not feel that its obligations are discharged with the close of the camping season. It is anxious to assist each camper in a satisfactory adjustment of newly acquired habits upon his return home.

To this end the Camp makes complete reports to parents during the session covering analysis of difficulty, training at camp, the camper's response, and recommendations for continued improvement. Upon request copies of these reports will be sent to the camper's school, physician or referring clinic.

Duration

The session at Shady Trails is eight weeks. Enrollments are accepted for the full session only.

Boys are expected to arrive in Camp the day previous to first classes and to remain until after the last class of the session.

Restrictions

The Camp's enrollment is limited to ninety boys and young men between the ages of eight and twenty-four inclusive. When enrollment for the current season is completed, usually by late winter or early spring, application may be made for the following season.

The privilege is reserved of returning any boy to his home if the results of diagnosis and examination indicate that his difficulty will not be materially benefited or that he is not of good moral character. In such instance a proportionate fee adjustment will be made immediately.

The service of the Camp is strictly speech rehabilitation wherein adequate results are expected by the staff, the parents and the camper. The Camp avoids enrollment of the mentally retarded.

The Camp is strictly non-sectarian. Boys of Protestant faiths attend Sunday services in Camp. Catholic boys attend Mass on Sunday in a neighboring village with a member of the staff.

In the best interest of campers it is strongly suggested that visits from home between the opening and closing dates be limited to one visit.
Cost

The camp fee has varied from $360.00 in 1932 to $440.00 in 1949. Considering the length of the session, the inclusiveness of examinations, tuition, reports, board and room, and the specialized service of an expert and sizeable staff, this fee is very reasonable.

Extra items of expense are negligible. An ample supply of uniform camp clothing costs about $15.00. Personal items, such as spending change and laundry, are additional and in order to meet these items a deposit of $25.00 is required at the time of camp opening.

A limited number of scholarships in reduction of the fee are granted each season to boys of high character and serious purpose who find the fee prohibitive. When the camp's enrollment was small the scholarships were made available through donations from supporting Funds. Since the camp has awarded scholarships in recent seasons without such support they are, of necessity, fewer in number and smaller in amount.

Location

The camp road leads into M-22, the main highway between Traverse City and Northport [Michigan]. The entrance to the camp is approximately twenty-five miles north of Traverse City.

The camp has been purposely located at a distance from the homes of most campers and in an area where summer climate is conducive to one's best efforts.

We trust that most parents will bring their boys to camp. They will find well paved roads. Those who come by train, bus or plane will be received in Traverse City by a camp committee.

A bulletin about travel and other information goes to each camper in the early spring.

What to Bring

Uniform clothing should be ordered several weeks before camp opening so that it can be delivered in time for marking before leaving for Camp.

It is not necessary to bring a good suit. It is desirable to have a sweater or jacket, a raincoat or slicker, and a pair or two of long trousers for use on cool or rainy days. The usual supply of handkerchiefs, underwear, pajamas, toilet articles, etc., are necessary. A supply of medium size Turkish towels and wash cloths is practical. Two small laundry bags are necessary. Musical instruments and recreational equipment are desirable but not necessary.

The Camp furnishes single cots, mattresses, pillows, bed linens and Kenwood blankets. Stationery is supplied by the Camp in a minimum charge that also includes classroom necessities.

Every item brought to Camp should be plainly marked with name tapes or indelible ink. The name on adhesive tape serves for marking such articles as camera, tennis racquet, fishing rod and musical instruments.
Past, Present, Future

Shady Trails, the National Speech Improvement Camp, was founded in the summer of 1932 by its present director. The Camp is built upon the cornerstone of service to boys with speech problems. Its sole objective has been and is to place in the hands of speech handicapped boys the tools with which to build normal speech.

The success that has attended the efforts of the Camp accounts for the healthy growth in enrollment from four boys, all from Michigan, in the summer of 1932 to an annual enrollment of ninety boys who come from twenty or more states.

To the boy who now comes to Shady Trails, we extend a hearty invitation to determine his future—and thus the future of our camp-clinic.