

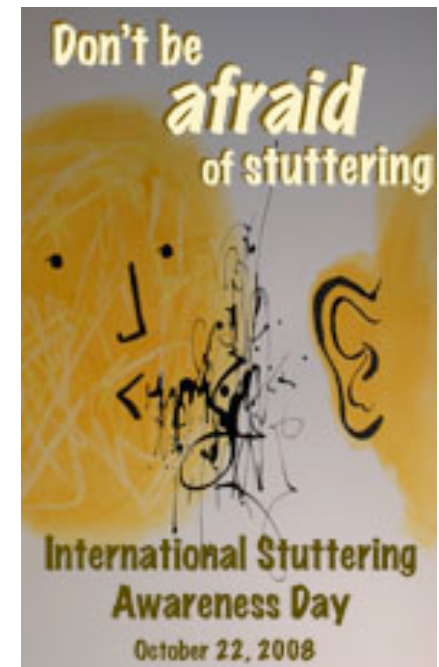
## WHAT IS INTERNATIONAL STUTTERING AWARENESS DAY?

- I**NTERACTION: PROFESSIONALS AND CONSUMERS
- N**ETWORKING
- T**ALKING
- E**DUCATING
- R**ESPONDING
- N**OURISHING THE SPIRIT
- A**SSERTING OUR RIGHTS
- T**ELLING THE WORLD
- I**NVITING PARTICIPATION
- O**RGANIZING ACTIVITIES
- N**URTURING NEW PROGRAMS
- A**DVOCATING
- L**ISTENING TO EACH OTHER
  
- S**TRENGTHENING WORLDWIDE EFFORTS
- T**EACHING
- U**NDERSTANDING
- T**HINKING IN NEW WAYS
- T**EAMWORK
- E**ARLY INTERVENTION
- R**EACHING OUT
- I**NITIATING DIALOGUE
- N**OW IS THE TIME
- G**LOBAL AWARENESS & ACTION
  
- A**DVERTISING
- W**RITING THE MEDIA
- A**LONE NO MORE
- R**EPLENSIHNG THE SPIRIT
- E**MPATHIZING
- N**EW IDEAS
- E**MPOWERING
- S**HARING ONE VOICE
- S**PEAKING FREELY
  
- D**ISTRIBUTING HELPFUL INFORMATION
- A**CKNOWLEDGING OUR HISTORY
- Y**OU CAN MAKE A DIFFERENCE

ISAD 2008

stamp

Celebrating  
the 11<sup>th</sup> International  
Stuttering Awareness Day  
throughout the world



### A COOPERATIVE EFFORT OF...

**The International Stuttering Association (ISA)**  
<http://www.stutterisa.org>

**The International Fluency Association (IFA)**  
<http://www.theifa.org>

**European League of Stuttering Associations (ELSA)**  
<http://www.stuttering.ws>

**The American Speech-Language-Hearing Association – Division #4**  
<http://www.asha.org>

FOR MORE INFORMATION, CONTACT  
MICHAEL SUGARMAN  
[MSUGARMAN1@SBCGLOBAL.NET](mailto:MSUGARMAN1@SBCGLOBAL.NET)

## Suggested Activities

Here are some activities used by local groups in the past to promote International Stuttering Awareness Day.

### Sponsor...

...a proclamation declaring October 22, 2008, International Stuttering Awareness Day (ISAD) in your area.

#### Sample Proclamation

WHEREAS, today, millions of adults and children face the daily challenge of living with a stutter; and

WHEREAS, today, these adults and children who stutter can find help through the combined efforts of speech-language professionals and consumer support organizations; and

WHEREAS, today, countries all over the world will be increasing public awareness and supporting people who stutter through educational workshops as part of the world's largest stuttering event, the annual International Stuttering Day.

NOW, THEREFORE, I, (name of mayor/ governor/ president of city council) of (town/ city/ state/ country) do hereby proclaim

**October 22, 2008**  
**INTERNATIONAL STUTTERING**  
**AWARENESS DAY**

WITNESS MY HAND and the Official Seal of  
(town/ city/ state/ country):

*(seal and signature)*

### Share...

...the stated purpose of *International Stuttering Awareness Day* - "to promote awareness and understanding and to show appreciation for people who stutter and the speech language professionals who work with them."

### Host...

...an ISAD Workshop, Open House or School Information Day. "Guidelines for Organizing Your Own Workshop" by Michael Sugarman can be found at

<http://www.mnsu.edu/comdis/kuster/workshop/intro.html>

### Provide...

...your friends and family with information on stuttering from professional and consumer support organizations such as the Stuttering Foundation at 1-800-992-9392 or

<http://www.stutteringhelp.org>

### Donate...

... to your local or school library a book about a famous person who stutters.

### Write...

...a letter to the editor of your local newspaper about ISAD.

### Speak...

...about stuttering at a Toastmasters meeting, your local PTA or a school class on stuttering.

### Explore...

...support groups' websites from around the world which can be found linked to

<http://www.mnsu.edu/comdis/kuster/support.html>

### Submit...

...an informational ad about stuttering to your local newspaper.

### Learn...

...words for stuttering from around the world which can be found at

<http://www.mnsu.edu/comdis/kuster/kids/words.html>

### For children...

Write a poem or article describing how you feel about your stuttering for publication in your support organization's newsletter. Draw a picture showing how you feel. Make a presentation to your class on stuttering. Guidelines for a stuttering presentation can be found at

[http://www.friendswhostutter.org/pdfs/FRIENDS\\_Stuttering\\_Presentation\\_Guide.pdf](http://www.friendswhostutter.org/pdfs/FRIENDS_Stuttering_Presentation_Guide.pdf)

### Create...

...an ISAD poster for your school or speech clinic.

### Mail...

...this brochure to 20 people. Download and print from <http://www.stutteringhomepage.com>

### Turn...

...to the person next to you at noon on October 22 and start a conversation with them about stuttering.

### Join...

...people in 134 different countries who participated the nine past *ISAD Online Conferences* by reading the conference archives <http://www.stutteringhomepage.com>

### Participate...

...in the *Eleventh ISAD On-Line Threaded Discussion Conference* from October 1-22, 2008. For more information, contact the Stuttering Homepage website at <http://www.stutteringhomepage.com>