# **NUTRITION & DIETETICS**

The Nutrition and Dietetics major provides students with the academic curriculum necessary to move into a food and nutrition-related career or to continue on to the ACEND-accredited professional program, which culminates in a Master of Science in Dietetics and includes all the Supervised Experiential Learning needed to be eligible for the national Registration exam in Dietetics. The Professional Program in Dietetics is a comprehensive Future Education Model (FEM) program to which students can apply after completing the pre-requisite foundational courses. This professional program is an "accelerated master's degree," leading to both the Bachelor and Master of Science degrees in a five-year curriculum plan. Students completing the four-year degree are eligible to sit for the Dietetic Technician (DTR) registration exam or can seek employment in a wide range of food and nutrition-related careers.

# **PROGRAMS**



#### **DEGREES AND CERTIFICATES**

- Bachelor of Science in Nutrition and Dietetics
- Food and Nutrition Minor
- Master of Science in Dietetics

#### ABOUT THE PROGRAM

The undergraduate and graduate programs in Nutrition and Dietetics prepare students for rewarding careers in clinical, community and food service operations, as well as retail, sports, public health, wellness, food science, private practice, management, research and education fields. Graduates of the Bachelor of Science in Nutrition and Dietetics can enter the workforce or choose to go on for an additional year to complete the Master of Science in Dietetics and become a Registered Dietitian Nutritionist (RDN). Our applied approach and hands-on learning in state-of-the-art facilities prepare our students to work in the real world.

# **REAL-WORLD CONNECTIONS**

# SKILLS AND TALENTS

- Clinical Skills
- Health Skills
- Food and Nutrition Skills
- Patient Care
- Dependability
- Advocacy

#### **CAREERS**

- Nutritionist
- Dietitian
- Sports Dietitian
- Nutrition Educator
- Public Health Nutritionist
- Food Safety Manager

#### **EMPLOYERS**

- Sodexo Foods
- Mankato Clinic
- Department of Human Services
- General Mills
- Mayo Clinic
- Morrison Healthcare
- U.S. Department of Agriculture

# **INSPIRED ACTION**



#### **EMPLOYMENT RATE**

94.7%

of program graduates begin their careers within one year of graduation.

Graduates: 301 Respondents: 251 <u>link.mnsu.edu/graduate-follow-up</u>

### **MEDIAN SALARY**

\$66,450

The median annual wage for Dietitians and Nutritionists in May 2022.

Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, Dietitians and Nutritionists, at <u>link.mnsu.edu/nutrition-dietetics-salary</u>

#### **PROGRAM WEBSITE**



ahn.mnsu.edu/dietetics



## SAMPLE FOUR-YEAR PLAN - NUTRITION AND DIETETICS, BS

First Year (Fall)	First Year (Spring)
General Education Course (3)	CHEM 111 Chemistry of Life Process Part II (5) General Education Course (3) General Education Course (3) General Elective Course (3)
Second Year (Fall)	Second Year (Spring)
BIOL 220 Human Anatomy (4) HLTH 321 Medical Terminology (3) FCS 150 Cooking and Culture (3) General Education Course (3) General Education Course (3)	FCS 242 Nutrition for Healthcare Professionals (3) BIOL 270 Microbiology (4) GWS 250 Health, Wealth, and Power (4) BIOL 330 Principles of Human Physiology (4)
Third Year (Fall)	Third Year (Spring)
FCS 280 Food Systems and Policy (3) HLTH 410W Current Health Issues (3) FCS 340 Food Science (4) FCS 375 Foodservice Management Principles (3) FCS 440 Advanced Human Nutrition (3)	CIS 113 Health Humanities and Informatics (4) FCS 376 Quantity Food Production (4) FCS 380 Nutrition Focused Assessment (3) HLTH 477 Behavior Change Foundations and Strategies (3) General Elective Course (3)
Fourth Year (Fall)	Fourth Year (Spring)
FCS 480W Applied Food Science (3) FCS 483 Adult and Technical Education in Family Consumer Science (3) FCS 460 Foundations of Medical Nutrition Therapy (3) FCS 493 Supervised Experiential Learning (3) General Education Course (1)	FCS 463 Nutrition Metabolism and Genetics (2) FCS 476 Nutrition Across the Lifecycle (3) FCS 462 Advanced Medial Nutrition Therapy (3) FCS 493 Supervised Experiential Learning (3) General Education Course (1)

For more information about program requirements, visit: mnsu.edu/academics/academic-catalog

## **LEARN MORE**

Department of Family Consumer Science

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