

**Big
ideas.**
Real-world thinking.



**MINNESOTA STATE
UNIVERSITY**
MANKATO

COACHING CERTIFICATION *College of Allied Health & Nursing*

WHAT DEGREE AND PROGRAM DO WE OFFER?

The Department of Human Performance offers a minor in Athletic Coaching, which requires 24 credits of preparation.

OPPORTUNITIES: WHAT CAN I DO WITH THIS DEGREE?

Academic opportunities

This program is designed to prepare students for coaching positions in grades 7 to 12.

Career opportunities

Head and assistant coaches are in increasing demand in the State of Minnesota, as well as around the country. This minor is usually combined with a teaching degree, making the candidate even stronger for teaching positions.

EXAMINING THE QUALITY OF OUR PROGRAM

Faculty credentials

Eight of the faculty who teach courses in this area have a doctorate in their area of specialization.

Alumni successes

Over 50 percent of the coaches in Minnesota are graduates of this program.

Other special programs, characteristics

A coaching emphasis (17 credits) is available for those not requiring a minor.

STUDENT EXPERIENCE/ PROGRAM REQUIREMENTS

Faculty/student ratio

1:15

Specialized equipment and facilities

Human Performance lab; Myers Field House; and the Taylor Center.

Internships

The capstone experience is a coaching practicum in either a junior high school, senior high school or college, where students will serve as an assistant coach.

BACKGROUND: HOW DO I PREPARE?

Varsity experience at the high school level is highly suggested. Previous coaching experience with youth sport programs is recommended. Basic training in biological, earth and social science.

FOR MORE INFORMATION PLEASE CONTACT

**Coaching Certification
Department of Human Performance**
Minnesota State University, Mankato
1400 Highland Center
Mankato, MN 56001

Phone

507-389-6313 (V)
800-627-3529 or 711 (MRS/TTY)

Email

gary.rushing@mnsu.edu

You are encouraged to visit the campus.
To arrange for a visit, please call:
Office of Admissions: 507-389-1822
Toll-Free: 800-722-0544

COURSE REQUIREMENTS

Required for Minor	Required Electives - Choose two of the following courses (2 credits)
HP 340 – Prevention and Care (2) HP 372 - Exercise Science for Coaches (3) HP 451 – Principles of Coaching (3) HP 462 – Sports Administration (2) HP 470 – Psychology of Coaching (3) HP 482 - Coaching Practicum (1) HLTH 210 - First Aid and CPR (3)	HP 301- Swimming Theory HP 302- Wrestling Theory HP 303- Volleyball Theory HP 304- Track & Field Theory HP 305- Baseball Theory HP 306- Football Theory HP 308- Hockey Coaching Theory HP 309- Basketball Coaching Theory HP 310- Softball Theory HP 311- Cross Country Theory HP 316- Tennis Theory HP 317- Golf Coaching Theory HP 318- Soccer Theory

* Students wanting to take these theory courses will need to see the instructor for permission to register.

Prerequisites: Coaching Theory in sport wanting practicum or member of an intercollegiate team for 2 years in sport wanting practicum and First Aid and Athletic Training.

Note: A practicum student must participate as a coach in a school situation for the full sport season.

For additional information about course requirements, please visit <http://www.mnsu.edu/supersite/academics/bulletins/>
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Safety/Security Programs & Statistics are available at www.mnsu.edu/safety
 Placement & Occupational Outlook for Majors are available at www.mnsu.edu/cdc/ (Click on Resources and then Graduate Statistics)

