

**Big
ideas.**
Real-world thinking.



**MINNESOTA STATE
UNIVERSITY**
MANKATO

PRE-OCCUPATIONAL THERAPY *College of Allied Health & Nursing*

WHAT DEGREE AND PROGRAM DO WE OFFER?

There is no degree offered — only a course of study for Pre-Occupational Therapy, which focuses on pre-requisite courses for graduate programs. An undergraduate degree is required along with the Pre-Occupational Therapy track.

OPPORTUNITIES

If accepted, the graduate may go on to Occupational Therapy school. National certification is required to practice.

JOB DESCRIPTION

Job description

The occupational therapist assesses needs, establishes goals, and develops treatment programs for individuals whose ability to cope with the tasks of living is threatened or impaired by congenital or developmental disability, the aging process, physical injury or illness, or psychological and social disability. An occupational therapist uses task-oriented activities to prevent, minimize, or correct disabling emotional, behavioral, or physical problems.

Specific occupational therapy services include providing evaluation of and training in performing life tasks (activities of daily living, work, and homemaking); using therapeutic activities to enhance physical, emotional, perceptual-motor, and sensory integrative skills; fabricating and helping individuals use adaptive equipment or hand splints; assisting in the development of pre-vocational skills, and helping people deal with architectural or environmental barriers. Occupational therapists serve as vital members of a treatment team, consulting with physicians, physical therapists, speech/language pathologists, nurses, social workers, psychologists, vocational counselors, teachers, and other specialists.

Job settings

Occupational therapists are employed in rehabilitation centers, hospitals and outpatient clinics, psychiatric facilities, sheltered workshops, public and special schools, nursing homes, home health programs, day care centers, and community health agencies. Occupational therapists may receive commissions in the armed forces or may find employment with the U.S. Public Health Service.

Projected needs

Nationally, the employment outlook in occupational therapy is very good.

Salaries

The median annual salary for occupational therapists was \$86,280 in 2020 according to the Bureau of Labor Statistics.

Related careers

Other rehabilitative therapies, speech/language pathology, therapeutic recreation.

Credentials

Occupational therapists must receive national certification after graduation from an accredited master's degree program by passing an examination. In addition, nearly all states have their own licensure laws or other credential requirements.

BACKGROUND PREPARATION

It is suggested you take all the science, math, and English available.

FOR MORE INFORMATION PLEASE CONTACT

Shirley Murray Student Relations Coordinator

College of Allied Health and Nursing
Minnesota State University, Mankato
124 Myers Field House
Mankato, MN 56001

Phone

507-389-5194 (M)
800-627-3529 or 711 (MRS/TTY)

Email

shirley.murray@mnsu.edu

You are encouraged to visit the campus.

To arrange for a visit, please call:
Office of Admissions: 507-389-1822
Toll-free: 800-722-0544

The Pre-Occupational Therapy curriculum is a natural and social science-oriented curriculum which meets the standard requirements for admission to most occupational therapy programs. The majority of schools require a Bachelor's degree prior to application for admission, although some still accept students following two or three years of college preparation. It is important that students check requirements for their professional school of choice as some require classes in addition to those contained in this concentration. Most programs also require that the student take the Graduate Record Examination and score at a certain level.

PRE-OCCUPATIONAL THERAPY CONCENTRATION COURSES AT MINNESOTA STATE MANKATO	
BIOL 220 Human Anatomy (4)	PSYC 433 Child Psychology (4) & PSYC 436 Adolescent Psychology (4) & PSYC 466 Psychology of Aging (4) OR KSP 235 Human Development (3)
BIOL 330 Principles of Human Physiology (4)	PSYC 455 Abnormal Psychology (4)
STAT 154 Statistics (3)	SOC 101 Introduction to Sociology (3)
CHEM 106 Chemistry of Life Process Part I (General) (3) OR	HLTH 321 Medical Terminology (3)
CHEM 111 Chemistry of Life Process Part II (Organic & Biochemistry) (5)	HP 265 Orientation to Occupational and Physical Therapy (2)
PSYC 101 Introduction to Psychological Science (4)	Physics 101 or 211
TOTAL: 32-39 credits	

AOTA Website for Accredited OT Programs:

www.aota.org/Education-Careers.aspx

*Be sure to check the specific pre-requisite courses of programs you plan to apply to and tailor the above list to meet those requirements

Majors to Consider with Occupational Therapy Concentration:

- Exercise Science
- Health Science: Applied Health Science
- Psychology
- Child Development and Family Studies
- Biology
- Recreation, Parks & Leisure Services: Therapeutic Recreation

*Graduate programs generally do not specify what undergraduate major must be completed. They are concerned about your performance within the major (including GPA) and that you have successfully completed all pre-requisite coursework.

For additional information about course requirements, please visit <http://www.mnsu.edu/supersite/academics/bulletins/>

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