



UNITED NATIONS

TYPE:

Introducer

GROUP SIZE:

Any

MATERIALS:

Construction Paper, Markers, Crayons, Scissors, Glue, Yarn, Glitter and anything else that can be used to decorate.

INTRODUCTION:

This exercise will allow group members to create a symbolic piece that illustrates who they are. Individuals will share what they have created to help the group get to know them more fully.

DESCRIPTION:

Instruct group members to create a flag that represents who they are. After they have created the flag have individuals discuss what the flag represents and why it represents what it does.

PROCESSING:

- What did you learn about other group members?
- How did you decide what to put on your flag?
- How did you feel when you shared your flag with the group?
- How will what you learned impact the way in which you accomplish tasks and establish the mission of the group?
- What was something you did not put on your flag and why?

VARIATIONS:

- The group could make name tags, greeting cards, name plates, etc.
- Have group members create a flag for the group.

OUTCOMES:

- Allows group members to get to know each other in a nonthreatening way
- Identifies what is important to the individual
- Creates respect and positive attitudes between group members
- Creativity stimulus

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely