



WHY ARE WE HERE?

TYPE:

Reinforcer

GROUP SIZE:

Any

MATERIALS:

8 1/2 x 11 paper cut up into half sheets, newsprint paper, tape and markers

INTRODUCTION:

This activity will offer us an opportunity to share why we are a part of this organization in a safe and anonymous way. This information will help us assess what our organization has to offer others.

DESCRIPTION:

Ask all team members to sit in a circle write down three reasons they enjoy being a part of the team. Give the team a few minutes to complete this task. Ask them to crumple up their paper and throw it into the middle of the circle. Have each team member grab a piece from the middle, making sure they do not pick up their own. Team members should share the reasons listed on the paper they selected. Select someone to record the reasons on newsprint paper hung on the wall. Once you have the big list, circle the reasons that are written more than once. Follow with processing questions.

PROCESSING:

- What feelings did you have as you began this activity?
- What is the common theme (if any) reflected by our responses?
- Why is our experience so unique and special?
- After hearing all of the feedback, what would you say to an external constituent or new employee about the importance of our work and our team?

OUTCOMES:

- Learn about each other
- Creates group synergy
- Teambuilder

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely