



THE PUZZLE FITS

TYPE:

Energizer

GROUP SIZE:

Any

MATERIALS:

Scissors, Meeting agendas, Hat or Bowl

INTRODUCTION:

Today we are going to test our flexibility by shaking up our meeting and addressing agenda items in a new order. This will break up our normal routine and give us new focus on each discussion item.

DESCRIPTION:

If your meetings are the same old thing week after week, how about adding a little spice to your meeting? Cut up the agenda into pieces and put them into a hat. Conduct the meeting as each section is drawn out of the hat by group members.

PROCESSING:

- How did you feel about changing the order of the meeting?
- How does this meeting compare with other meetings?
- What was the benefit of cutting up the agenda?
- Was there any change in the behavior of group members at this meeting?

VARIATIONS:

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OUTCOMES:

- Routine breaker
- Flexibility initiator
- Fun!!!

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely