



SMALL TALK

TYPE:

Energizer

GROUP SIZE:

Any

MATERIALS:

Copies of provided worksheet & pens/pencils

INTRODUCTION:

This activity will help us improve organizational communication and identify potential problem areas.

DESCRIPTION:

Divide group members into small groups and ask each group to complete the provided worksheet. Allow 15 minutes for this part of the exercise. Bring the group back together and ask for a summary of their discussion to be presented to the group. Use the processing questions listed below to facilitate a discussion.

PROCESSING:

- What commonalities did you notice as each group presented the summary of their discussion?
- What aspects of communication or strong points for our organization?
- How do we show appreciation for one another in our group?
- What systematic changes would improve our communication process?
- What problem areas are beyond our control?

VARIATIONS:

Use this exercise when the organization is experiencing communication problems. This is also an effective proactive endeavor that is beneficial to the group when communication processes are going well.

OUTCOMES:

- Assess organizational communication
- Explore areas of conflict
- Engage in problem solving

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely