



THE GOAL LINK

TYPE:

Goal Setting

GROUP SIZE:

10 or less (subdivide groups if necessary)

MATERIALS:

Paper, Pens

INTRODUCTION:

This activity will help us to work together to establish a vision and create new goals for the group.

DESCRIPTION:

Instruct the group to sit in a circle and write down their goals for the group. Each goal should be written on a separate sheet of paper. Have each group member pass their goals around the circle. Encourage group members to write down their reactions and suggestions as they read each sheet of paper. After each goal has been passed around the circle, facilitate a discussion that helps the group express and focus on a common vision.

PROCESSING:

- What did you think about when you read goals written by others?
- How did you feel about the feedback on your goals?
- What was the most beneficial aspect of this activity?
- What are some issues that were not addressed?
- What do we need to do to actualize these goals?

OUTCOMES:

- Creates group synergy
- Facilitates group goal setting
- Aids in group cohesiveness
- Insures input from all

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely