



BEACH PARTY

TYPE:

Energizer

GROUP SIZE:

Any

MATERIALS:

Inflatable beach ball, small slips of paper, tape

INTRODUCTION:

We are going to play a fun game that will help us to get to know each other.

DESCRIPTION:

Write a question on each slip of paper and tape them to the beach ball. Examples of questions are as follows: What is your favorite color? If you were going to write a book - what would it be about? If you could travel anywhere for one week - where would it be and why?, etc. Be sure to have the same number of questions as group members. Ask the group to stand in a circle and begin the exercise by tossing the ball to one of the team members. Have them pull off/read one of the questions and answer it for the group. The ball should then be tossed to a new group member and the process continues until everyone has answered a question from the ball.

PROCESSING:

- What answers shared by team members surprised you?
- How well do we really know each other?
- What can we do to continue to help our team unity grow?

VARIATIONS:

Write the questions on the beach ball with a permanent marker and whatever question is closest to the participants left thumb is the question that is answered.

OUTCOMES:

- Introduces the group
- Facilitates communication
- Creates team unity

REMEMBER:

- Introduce the exercise
- Explain it thoroughly
- Process it completely