

Documentation Request for Academic Adjustments Due to Pregnancy, Parenting and/or Breastfeeding

The request for temporary academic adjustments must be submitted with the following supporting paperwork. Failure to fully complete procedures may delay any assistance being requested.

- Documentation for pregnancy (and related conditions) must be on <u>doctor's letterhead</u> and have a medical diagnosis (e.g. pregnancy).
- Documentation must be signed by a medical doctor or appropriate specialist for adoption or fostering.
- Documentation must include a "due date" or "placement date".

It is important to note that a change in adjustments may occur due to the progression of the pregnancy. Any requests for different adjustments must be submitted with additional documentation. *Please select the adjustments recommended*.

☐ Excused Absence	☐ Separate Table & Chair	Parking
☐ Frequent Bathroom Breaks	☐ Limited Exposure to Chemicals	□ No Lifting Over 10 Pounds
☐ Frequent Breaks To Walk	☐ Permission To Leave Class Suddenly	☐ Permission To Eat/Drink In Class
☐ Susceptible To Heat & Cold	☐ No Prolonged Standing	☐ Excused For Tardiness
Additional Adjustments:		
Is the student classified in the "h	nigh risk" pregnancy category	? YES NO NA
Student's Name:	Phone #:_	
Provider's Name:Provider's Signature:		
Please return documentation and	l completed form to:	
Accessibility Resources Minnesota State University, M. Memorial Library 132 Mankato, MN 56001	ankato Phone: (507) 389-2 Fax: (507) 389-119	