



MINNESOTA STATE UNIVERSITY, MANKATO

CAREER DEVELOPMENT CENTER

The MAJOR QUESTION work booklet

CHOOSING
MAJOR



www.mnsu.edu/cdc

STEP 1: SELF-DISCOVERY

Holland's General Occupational Themes RIASEC ACTIVITY

Check the activities that you enjoy most:

1. using hands (R)
2. helping others (S)
3. being artistic (A)
4. using body (R)
5. operating tools or machinery (R)
6. expressing feelings (S)
7. solving a scientific problem (I)
8. discovering something (I)
9. teaching (S)
10. serving others (S)
11. using a systematic process (I)
12. making others happy (S)
13. fixing (R)
14. musical activity (A)
15. creative writing (A)
16. social activity (S)
17. repairing (R)
18. participating in sports (R)
19. detailed examination (I)
20. visualizing in third dimension (A)
21. creating something (A)
22. verbal activity (S)
23. benefiting society (S)
24. selling something (E)
25. following instructions (C)
26. belonging to an organization (S)
27. physical activity (R)
28. effecting social change (S)
29. creative cooking (A)
30. acting (A)
31. inventing (I)
32. dancing (A)
33. volunteering (S)
34. camping or hiking (R)
35. restoring something (R)
36. using mathematical skills (C)
37. keeping records (C)
38. relieving other's pain (S)
39. collecting (hobbies) (I)
40. spiritual activity (S)
41. saving the environment (R)
42. crafts (A)
43. designing (A)
44. using imagination (A)
45. showing empathy (S)
46. observing and collecting data (I)
47. diagnosing (I)
48. giving love (S)
49. needing to understand (I)
50. using thought process (I)
51. understanding self (S)
52. observing (I)
53. directing others (E)
54. learning (I)
55. organizing others (E)
56. using persuasion (E)
57. using business machines (C)
58. completing a task (C)
59. intellectual achievement (I)
60. being convincing (E)
61. leading others (E)
62. taking control (E)
63. making judgments (I)
64. being persistent (C)
65. follow-through with task (C)
66. starting a business (E)
67. making money (E)
68. writing reports (C)
69. coordinating an activity (E)
70. talking to a group (E)
71. taking notes (C)
72. using office skills (C)
73. entertaining others (E)
74. managing people (E)
75. spelling (C)
76. acquiring material goods (E)
77. exploiting others (E)
78. conforming to others (C)
79. seeking status (E)
80. taking orders (C)

| Letter | Frequency of Appearance | Enter below the letter that appears most often (#1), the letter that appears next most often (#2), and finally, the letter that appears next most frequently (#3). Check out your top letters on the following pages. |
|-------------------|-------------------------|---|
| Realistic (R) | _____ | 1. _____ |
| Investigative (I) | _____ | 2. _____ |
| Artistic (A) | _____ | 3. _____ |
| Social (S) | _____ | |
| Enterprising (E) | _____ | |
| Conventional (C) | _____ | |

Holland's General Occupational Themes RIASEC

REALISTIC (R-THEME)

Realistic people like activities, jobs, and co-workers related to nature and the outdoors; mechanical, construction, and repair activities; and military activities. They are interested in action rather than thought, and prefer concrete problems to ambiguous, abstract problems.

Typical Work Activities

- Doing jobs that produce tangible results
- Operating or designing heavy equipment or huge machines
- Using tools that require fine motor coordination and manual dexterity (e.g., dentist's drill, surgeon's scalpel, jeweler's tweezers)
- Operating precision machinery (e.g., drill press, x-ray machine)
- Fixing, building, repairing

Potential Competencies

- Mechanical abilities and ingenuity
- Psychomotor skills
- Mathematical aptitude
- Physical strength

Self-concept and Values

- Emotionally stable, reliable
- Practical, thrifty, persistent
- Shy, modest
- Slow to accept radical new ideas
- Likely to avoid being the center of attention
- Uncomfortable talking about themselves
- Inclined to take physical risks
- Likely to maintain traditional values

Environments

- The outdoors; small, rural communities
- Situations calling for minimal interaction with others
- Situations permitting casual dress
- Organizations structured with clearly drawn lines of authority (e.g., armed forces, enforcement agencies, protection occupations)
- Manufacturing or industrial firms with tangible products
- Construction industry
- Mining and energy industries
- Transportation fields (e.g., air, trucking, local transit)
- Engineering and technical firms

Typical Hobbies

- Repairing old things (e.g., cars, machines, appliances)
- Building and rebuilding
- Reading magazines and books about outdoor sports, cars, airplanes, boats
- Hunting, fishing, camping, rock climbing
- Operating powerful recreational vehicles (e.g., speedboats, motorcycles, snowmobiles)
- Physically dangerous activities (e.g., skydiving, mountain climbing, auto racing)

Realistic Occupations

- R Carpenter
- R Cartographer
- R Rancher
- RI Engineer
- RI Forester
- RI Pilot
- RI Radiology Technologist
- RI Veterinarian
- RI Welder
- RIE Appliance Repairer
- RAS Occupational Therapist
- RS Fire Fighter
- RSE Warehouse Worker
- RSC Exterminator
- RE Construction Worker
- RE Law Enforcement Officer
- RC Farmer
- RC Military Enlisted Personnel
- RCS Vocational Agriculture Teacher
- RCE Truck Driver

Typical R-Theme Items

- Auto Mechanic
- Electronics Technician
- Agriculture
- Being a Forest Ranger
- Popular Mechanics Magazines

INVESTIGATIVE (I-THEME)

Investigative people have a strong scientific orientation. They enjoy gathering information, uncovering new facts or theories, and analyzing and interpreting data. They prefer to rely on themselves in their work rather than on others.

Typical Work Activities

- Performing ambiguous or abstract tasks
- Solving problems through thinking
- Working independently
- Doing scientific or laboratory work
- Conducting research and analyses
- Collecting and organizing data

Potential Competencies

- Scientific ability
- Analytical skills
- Mathematical aptitude
- Writing skills

Self-Concept and Values

- Independent, self-motivated
- Reserved, introspective
- Analytical, curious
- Task-oriented (wrapped up in job)
- Confident of scholarly and intellectual abilities
- Original, creative
- Given to unconventional values and attitudes

Environments

- Unstructured organizations that allow freedom in work styles
- Achievement-oriented institutions
- Research and design laboratories and firms
- Universities and colleges
- Medical facilities
- Computer-related industries

Typical Hobbies

- Work (investigative types frequently are consumed by their jobs, working 12 to 14-hour days, as well as weekends, leaving little time for leisure, family, or social activities)

- Complex activities that require learning many facts, details, and principles (e.g., skiing, sailing, scuba diving)
- Computers (evaluating, programming, discussing)
- Reading
- Astronomy
- Chess
- Bird watching

Investigative Occupations

- I Biologist
- I Geographer
- I Mathematician
- IA Economist
- IA Language Interpreter
- IA Scientific Illustrator
- IA Sociologist
- IAS Psychologist
- IS Hospital Supervisor
- IE Pharmacist
- IC Computer Operator
- IR Chemist
- IR Dental Hygienist
- IR Physical Therapist
- IR Physician
- IRS Math-Science Teacher
- IRE Chiropractor
- IRE Food Scientist
- IRC Computer Programmer
- IRC Systems Analyst

Typical I-Theme Items

- Author of technical books
- College professor
- Psychologist
- Chemistry
- Doing research work

ARTISTIC (A-THEME)

Artistic people value aesthetic qualities and have a great need for self-expression. This type, also includes people who enjoy being spectators or observers of the arts instead of actively creating art. Artistic types frequently express their artistic interests in leisure or recreational activities as well as in vocational activities or environments.

| | |
|---|---|
| <p><i>Typical work activities</i></p> <ul style="list-style-type: none"> • Composing, writing • Creating artwork (e.g., painting, sculpting, photography) • Working independently • Acting, performing • Playing musical instruments • Decorating, designing <p><i>Potential Competencies</i></p> <ul style="list-style-type: none"> • Creativity, imagination • Verbal- linguistic skills • Musical ability • Artistic aptitudes <p><i>Self-Concept and Values</i></p> <ul style="list-style-type: none"> • Independent, nonconforming • Impulsive, expressive • Impractical, disorderly • Intuitive, complicated • Sensitive, emotional • Drawn to beauty and aesthetic qualities <p><i>Environments</i></p> <ul style="list-style-type: none"> • Unstructured, flexible organizations that allow self- expression • Artistic studios (preferably one's own) • Theaters and concert halls • Institutions that teach artistic skills (e.g., universities, music and dance schools, art institutes) • Museums, libraries, and galleries • Advertising, public relations, and interior-decorating firms <p><i>Typical Hobbies</i></p> <ul style="list-style-type: none"> • Drawing, sketching, painting • Photography • Attending dance and musical concerts • Going to theaters, museums, and galleries | <ul style="list-style-type: none"> • Reading • Writing poetry or stories • Collecting artwork • Playing a musical instrument • Dancing <p><i>Artistic occupations</i></p> <ul style="list-style-type: none"> • A Art Museum Director • A Art Teacher • A Artistic • A Author- Reporter • A Entertainer- Musician • A Librarian • A Photographer • AS English Teacher • AS Music Teacher • AE Advertising Executive • AE Costume Designer • AE Interior Decorator • AE Public Relations Director • AR Landscape Gardener • AIR Architect • AIR Sculptor • AI Anthropologist • AI Ballet Dancer • AI Lawyer • AIS Orchestra Conductor <p><i>Typical A-Theme Items</i></p> <ul style="list-style-type: none"> • Author of novels • Interior decorator • Literature • Symphony concerts • Magazines about art and music |
|---|---|

SOCIAL (S-THEME)

Social people like to work with people; they enjoy working in groups, sharing responsibilities, and being the center of attention. They like to solve problems through discussions of feelings and interaction with others.

Typical Work Activities

- Teaching, explaining
- Enlightening, guiding
- Helping
- Selecting and training
- Informing, organizing
- Solving problems, leading discussions

Potential Competencies

- Social and interpersonal skills
- Verbal ability
- Teaching aptitude
- Listening skills

Self-concept and values

- Humanistic, idealistic
- Ethical, responsible
- Tactful, cooperative
- Kind, generous
- Understanding, insightful
- Friendly, cheerful
- Concerned for the welfare of others

Environments

- Social-service agencies
- Schools
- Religious organizations
- Personnel offices
- Medical-service and health-care facilities
- Mental-health clinics

Typical Hobbies

- Entertaining others
- Attending conventions
- Doing volunteer and community-service work
- Organizing group social events (e.g., hayrides, picnics, excursions, parties, etc.)

- Artistic and realistic activities (frequently social people, who are engaged in S-Theme occupations, have vocational interests that are in these areas; as much as they enjoy working with people, in their leisure time they feel a need for the solitude of R-Theme and A-Theme activities for their own self-preservation, to prevent burn-out).

Social Occupations

- S Elementary Teacher
- S Licensed Practical Nurse
- S Playground Director
- S Special Education Teacher
- SE Juvenile Parole Officer
- SE Child Care Center Manager
- SE Community Education Coordinator
- SE Mental Health Worker
- SE School Administrator
- SE Guidance Counselor
- SEC Social Science Teacher
- SEC Rehabilitation Counselor
- SEC Production Coordinator
- SC Ticket Agent
- SR Physical Education Teacher
- SRE Agricultural Extensions Agent
- SRE Recreation Leader
- SI Student Personnel Worker
- SA Social Worker
- SA Speech Pathologist

Typical S-Theme Items

- High School Teacher
- Social Worker
- Taking responsibility
- Adjusting to difficulties of others
- Leading a Scout Troop

ENTERPRISING THEME (E-THEME)

Enterprising people seek positions of leadership, power, and status. They enjoy working with other people toward organizational goals and economic success. They like to take financial and interpersonal risks and to participate in competitive activities.

Typical Work Activities

- Selling, purchasing
- Political maneuvering
- Entertaining clients
- Leading committees, groups, organizations, companies
- Giving speeches, talks, presentations
- Managing people and projects

Potential Competencies

- Verbal skills suited to public speaking, persuading, and selling
- Social and interpersonal skills
- Leadership skills

Self-Concept and Values

- Status-conscious
- Ambitious, competitive
- Sociable, talkative
- Witty, argumentative
- Domineering, aggressive
- Adventurous, risk-taking
- Optimistic, energetic, popular
- Attracted to money, power, and material possessions

Environments

- Industrial and manufacturing firms
- Government and political organizations
- Seats of power and finance (e.g., large corporations, executive offices, brokerage firms)
- Retail and Wholesale firms (e.g., auto dealerships, department stores, real-estate firms)
- Fund-raising organizations
- Small, independently owned businesses

Typical Hobbies

- Belonging to clubs and organizations
- Sporting events, as participant or spectator
- Entertaining and partying
- Political activities
- Attending conventions
- Vacationing at expensive resorts

Enterprising Occupations

- E Beautician
- E Chamber of Commerce Executive
- E Elected Public Official
- E Life Insurance Agent
- E Personnel Director
- E Restaurant Manager
- EC Appliance Salesperson
- EC Buyer
- EC Corporate Executive
- ERC Agribusiness Manager
- ER Auctioneer
- ER Nursery Manager
- EI Computer Salesperson
- EI Investments Manager
- EI Marketing Executive
- EA Flight Attendant
- ES Encyclopedia Salesperson
- ES Home Economics Teacher
- ES Sales Manager
- ESC Receptionist

Typical E-Theme Items

- Auto Salesperson
- Sales Manager
- Stockbroker
- Starting a conversation w/ a stranger
- People who assume leadership

CONVENTIONAL (C-THEME)

Conventional people work well in large organizations, but they prefer subordinate roles rather than leadership positions. They especially like activities that require attention to detail and accuracy.

| | |
|---|--|
| <p><i>Typical Work Activities</i></p> <ul style="list-style-type: none"> • Typing and filing • Operating office machines • Organizing office procedures • Keeping records and financial books • Writing business reports • Making charts and graphs <p><i>Potential Competencies</i></p> <ul style="list-style-type: none"> • Manual dexterity • Mathematical aptitude • Efficiency, organization • Perfectionism <p><i>Self-Concept and Values</i></p> <ul style="list-style-type: none"> • Conscientious, preserving • Practical • Self-controlled, conservative • Orderly, systematic • Precise, accurate • Careful, inflexible • Mindful of money and material possessions <p><i>Environments</i></p> <ul style="list-style-type: none"> • Large corporations • Business offices • Financial institutions (e.g., banks, credit companies) • Accounting firms • Quality-control and inspection departments • Structured organizations with well-ordered chains of command | <p><i>Typical Hobbies</i></p> <ul style="list-style-type: none"> • Collecting (e.g., stamps, coins, etc.) • Home-improvement projects • Building models (e.g., airplanes, dollhouses, electric trains, etc.) • Civic and fraternal organizations • Games (like Monopoly) with clear-cut rules <p><i>Conventional Occupations</i></p> <ul style="list-style-type: none"> • C Accountant • C Bookkeeper • C Dental Assistant • C Proofreader • C Secretary • C Statistician • CR Key Punch Operator • CR Telephone Operator • CRI Timekeeper • CIS Time-Study Analyst • CIS Estimator • CSA Library Assistant • CS Cashier • CE Banker • CE Credit Manager • CE Store Salesperson • CE IRS Agent • CES Business Education Teacher • CES Court Reporter • CER Executive Housekeeper <p><i>Typical C-Theme Items</i></p> <ul style="list-style-type: none"> • Bank Cashier • Private Secretary • Statistician • Regular hours for work • Developing business systems |
|---|--|

To explore more occupation options for each RIASEC letter code, visit <https://www.onetonline.org/find/descriptor/browse/Interests/>

Exercise by Becky Boyd, Johnson County Community College and Where Do I Go Next: Using Your Strong Results to Manage Your Career by Fred Borgen and Judith Grutter.

STEP 2: DISCOVER MAJORS

The MAJOR Major Exercise

Review the list of Minnesota State University, Mankato majors below.

1. Cross off any that you know are not interesting to you. These are majors you would not consider.
2. Put a question mark next to majors that are unfamiliar. These are majors you'd like to learn more about.
3. Circle the majors that grab your attention. These are majors you are interested in.

| Major/Concentration | Notes |
|---|-------|
| Accounting | |
| Agriculture and Agribusiness | |
| BS Agricultural Sciences | |
| BS Agribusiness & Food Innovation | |
| Alcohol & Drug Studies | |
| American Indigenous Studies | |
| Anthropology | |
| Applied Health Science | |
| BS Health Education & Preparation | |
| BS Public Health | |
| BS Occupational Therapy Preparation | |
| BS Healthcare Administration Preparation | |
| Applied Leadership | |
| Art and Design | |
| BA Art | |
| BFA Art | |
| BFA Graphic Design | |
| Art History | |
| Art Teaching | |
| Automotive Engineering Technology | |
| Aviation | |
| BS Aeronautics | |
| BS Aviation Management | |
| BS Professional Flight | |
| Bell Program Integrated Engineering | |
| Biochemistry | |
| Biology | |
| BS Biomedical Sciences | |
| BS Cytotechnology | |
| BS Ecology | |
| BS General Non-Specialized | |
| BS Microbiology | |
| BS Nuclear Medicine Technology | |
| BS Plant Science | |
| BS Toxicology | |
| BS Zoology | |
| Biology Teaching (5-12) | |
| Biotechnology | |
| Business Administration | |
| Chemistry | |
| Chemistry Teaching | |
| Civil Engineering | |
| Cognitive Science | |
| BS Biology | |
| BS Computer Science | |
| BS Philosophy | |
| BS Psychology | |
| Communication | |
| BS Communication Studies | |
| BS Integrated Communication | |
| BA Mass Communication | |
| BS Mass Communication | |
| BS Public Relations | |
| Communication Sciences and Disorders | |
| Computer Engineering (BSEC) | |
| Computer Engineering Technology | |
| Computer Information Technology | |
| Computer Science | |

| | |
|---|--|
| Construction Management | |
| Corrections | |
| Criminal Justice | |
| Dance BA | |
| BFA Dance | |
| BS Dance | |
| BS Dance Therapy Pre-Professional | |
| BS Private Studio Teaching | |
| Dance Teaching (K-12) | |
| Dental Hygiene (completion program exists – ask for details) | |
| Earth Science | |
| Earth Science Teaching (5-12) | |
| Economics | |
| Electrical Engineering | |
| Electronic Engineering Technology | |
| Elementary Education | |
| English | |
| BA Creative Writing | |
| BFA English Creative Writing | |
| BA English Literature | |
| BA English Studies | |
| BS Technical Communication | |
| English Teaching (5-12) | |
| Environmental Science | |
| Ethnic Studies | |
| BS Business Corporate | |
| BS International Community and Human Services | |
| BS Local Community and Human Services | |
| BS Optional or Other Extended Program Courses | |
| BS Public Government | |
| Exercise Science | |
| BS General Exercise Science | |
| BS Practitioner | |
| Family Consumer Science | |
| BS Child Development and Family Studies | |
| BS Dietetics | |
| BS Food and Nutrition | |
| Family Consumer Science Teaching (5-12) | |
| Film and Media Studies | |
| Finance | |
| BS Financial Planning and Insurance | |
| BS General Finance | |
| Food Science Technology | |
| French | |
| French Teaching (K-12) | |
| Gender and Women's Studies | |
| Geography | |
| BA Geography | |
| BS Geography | |
| BS Geography Professional | |
| Geology | |
| German | |
| German Teaching (K-12) | |
| Health and Physical Education - Teaching (K-12) | |
| Health Informatics | |
| History | |
| Humanities | |
| Integrated Communication | |
| Integrated Engineering | |
| Interdisciplinary Studies | |
| International Business | |
| International Relations | |
| Iron Range Engineering | |
| Law Enforcement | |
| Management | |
| BS Business Management | |
| BS Human Resource Management | |
| Management Information Systems | |
| Manufacturing Engineering Technology | |
| Marketing | |
| Mass Communication | |
| Mathematics | |
| Mathematics Teaching (5-12) | |

| | |
|---|--|
| Mechanical Engineering | |
| Medical Laboratory Science | |
| Music | |
| BA Music | |
| BA Performance | |
| Music Industry | |
| BS Music Industry | |
| BS Songwriting and Audio Production | |
| Music Teaching (K-12) | |
| BS Instrumental General Music K 12 | |
| BS Vocal General Music K 12 | |
| Nursing (completion program exists – ask for details) | |
| Philosophy | |
| BA Philosophy | |
| BA Honors in Philosophy | |
| Philosophy, Politics, and Economics (PPE) | |
| BA Economics | |
| BA Philosophy | |
| BA Political Science | |
| Phy Ed Developmental Adapted Phy Ed Teaching (PreK-12) | |
| Physics Teaching (5-12) | |
| Political Science | |
| Psychology | |
| Recreation, Parks, and Leisure Service | |
| BS Leisure Behavior | |
| BS Leisure Planning Management | |
| BS Resource Management | |
| BS Therapeutic Recreation | |
| Scandinavian Studies | |
| Social Studies | |
| BS Anthropology | |
| BS Economics | |
| BS Ethnic Studies | |
| BS Gender Women's Studies | |
| BS Geography | |
| BS History | |
| BS Political Science | |
| BS Psychology | |
| BS Sociology | |
| Social Studies Teaching (5-12) | |
| Social Studies Teaching BS Anthropology | |
| Social Studies Teaching BS Economics | |
| Social Studies Teaching BS Geography | |
| Social Studies Teaching BS History | |
| Social Studies Teaching BS Political Science | |
| Social Studies Teaching BS Psychology | |
| Social Studies Teaching BS Sociology | |
| Social Studies Teaching BS Sociology | |
| Social Work | |
| Sociology | |
| Spanish | |
| Spanish for the Professions | |
| Spanish Teaching (K-12) | |
| Special Education | |
| Sport Management | |
| Statistics | |
| BS Statistics BS | |
| BS Actuarial Track | |
| Theatre Arts | |
| Theatre Arts BA | |
| Theatre Arts BFA Acting | |
| Theatre Arts BFA Design Technology | |
| Theatre Arts BFA Musical Theatre | |
| Theatre Arts BS | |
| Twin Cities Engineering | |
| Urban and Regional Studies | |

STEP 3: CONNECT MAJORS & CAREERS

What Can I Do With This Major?

If you're like many students, one of your key reasons for finding a major is to open up doors to possible careers. That said, at first glance, relatively few major titles tell you much about careers associated with them. Sometimes we mistake that lack of direct connection as a lack of career opportunities. That's NOT the case.

That's where the WCIDWTM site comes in!

What Can I Do With This Major? offers insight into the areas, employers, and strategies connecting majors to careers. You can find it on our CDC website mnsu.edu/cdc using this path:

[Home](#) > [University Life](#) > [Career Development Center](#) > [Student and Alumni Career Resources](#) > [Career Exploration](#) > [Choosing & Changing Majors](#)

Choosing & Changing Majors

Choosing a major for the first time? Want to confirm or learn more about your current major? Check out some of these resources to help you make an informed decision!

- [Academic Catalog](#)
- [O*Net](#)
- [Occupational Outlook Handbook](#)
- [What Can I Do With This Major?](#)

STUDENT AND ALUMNI CAREER RESOURCES

SERVICES

CAREER EXPLORATION

- [Career Resource Library](#)
- [Career Assessments](#)
- [Choosing & Changing Majors](#)
- [Majors in Minutes](#)

Explore the possible majors you listed on page 9 on WCIDWTM. The MNSU major name may not match word for word the majors listed on this page, but you're likely to find a similar one. If you need assistance, CDC Staff or your Advisor are both good options. Write down any of the areas of employment or employers that interest you within that major below.

| Major | Area of employment/employers of interest |
|-------|--|
| | |
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| | |

Stop. Ask yourself – what do I need to know about these areas of employment or employers that would help me feel more confident?

STEP 4: FINDING FACTS ON CAREERS

O*NET

Now that you've started linking your possible major with careers, let's learn more about the career prospects you're considering! For example:

- Are your favorite careers growing or declining?
- Can you do them in Minnesota (or your home state/country)?
- Do you need a graduate degree to pursue them?
- Do they align with your most important values and desires?

There are many resources with lots of information that can help. O*Net Online is an example of a thorough tool that can answer some of your questions. You can find it at: <https://www.onetonline.org/>

Look up your possible careers. Search them in the "Occupation Quick Search" on the top right of the page.

| Career | Likes | Dislikes |
|--------|-------|----------|
| | | |
| | | |
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| | | |

Stop. Ask yourself – given all of the information I have gathered, am I confident in pursuing a particular major?

STEP 5: PUTTING IT ALL TOGETHER



1. Look back at your first list of possible majors. Now that you've investigated majors/career opportunities, which majors still make the cut?
2. List majors of interest below; if possible, rank them in terms of your interest (10= I'm very excited about this option; 1= no thank you; not interested).

| Major | Possible Ranking (#10-1) |
|-------|--------------------------|
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Stop. Ask yourself – given the majors above, am I confident in pursuing one? If so, am I ready to declare it? If not, what would have to happen for me to decide?

NEXT STEPS

The exercises you've done represent a few of many different opportunities to explore majors/careers. If you're not feeling 100% sure of a particular path, you're not alone. Many of us (yes, even some of us who've graduated!) never feel completely sure of our choices. We do the best we can with the information we have at the time. Career development happens for all of us over our entire lifetimes.

Think about what next steps make the most sense for YOU right now. Here are a few examples of next steps you could take.

- Declare your major: link.mnsu.edu/majorbutton
- Do more research (Academic Catalog, O*Net, OOH, etc.)
- Meet with your Academic Advisor: link.mnsu.edu/findmyadvisor
- Meet with a Career Advisor in the CDC: link.mnsu.edu/cdcappointments
- Do an informational interview
- Job shadow
- Check out Candid Career Video Library: link.mnsu.edu/candidcareer
- Take an assessment. FOCUS available here: link.mnsu.edu/focus-assessment
- Watch Majors in Minutes Videos. Find them here: mankato.mnsu.edu/mim
- Get involved to discover interests, skills, and strengths (clubs, org, volunteer, part-time job, internship, etc.)
- Other _____

My Next Steps:

1. _____
2. _____
3. _____
4. _____
5. _____

Other Notes:



MINNESOTA STATE

Minnesota State University, Mankato
A member of Minnesota State