To complete this application, fill in the requested information using a dark ink pen. After completing the application, attach the requested financial information, and submit it directly to us or to your school guidance counselor, who will then send it to us. Be sure to have the two recommendation forms completed by school personnel, youth group advisors or employers. These forms can be sent directly to us or can be given back to you and you can send them in with your application. The first page that requires information is numbered as page 1; it is the 5th page of this document.

If you have questions, e-mail us at:
upward-bound@mnsu.edu
Dear Prospective Upward Bound Student and Parent/Guardian:

The Upward Bound Program at Minnesota State University, Mankato is designed to help high school students who have the ability to go on to a college, a vocational/technical school or a professional school, but who might not do so without some extra help and support. A student can qualify for Upward Bound if he or she has academic potential to attend a postsecondary institution and his or her family meets federal low income guidelines or neither of his or her parents has graduated from a four-year college.

THE UPWARD BOUND PROGRAM IS A TOBACCO-FREE, DRUG-FREE, AND ALCOHOL-FREE PROGRAM!!! We serve the following high schools: Blue Earth Area, Lake Crystal Wellcome Memorial, Madelia, Mankato East, Mankato West, Maple River, and Riverbend Academy.

For a student to be considered for the Upward Bound Program, he or she must provide detailed personal and family information by completing, in ink, the remaining pages of this application. All such information is kept confidential and will remain in the Upward Bound office.

George Corey
Director
Upward Bound Program

Upward Bound
Minnesota State University, Mankato
324 Wiecking Center
Mankato, MN 56001
Phone: (507) 389-1211

Minnesota State University, Mankato is an Affirmative Action/Equal Opportunity University. This document is available in alternative format to individuals with disabilities by calling the Upward Bound Program at (507) 389-1211 (V) or (800) 627-3529 (MRS/TTY).
The information we request from you is used to determine your eligibility for our program, follow your academic progress, and develop programs and activities for Upward Bound participants. The personal information you give to the Upward Bound Program director may be sent to the federal government (Department of Education). The information may be protected by the Privacy Act. No one may see the information unless they work for or with the Upward Bound Program or are specifically authorized to determine if you are eligible to participate in the program and helps the government to measure your success. The Department of Education has the authority to gather information to help make Upward Bound a better program (20 USC 1231a).

CONFIDENTIALITY OF INFORMATION

Great care is taken to make sure that the personal information collected on Upward Bound Students is kept confidential. Information or records relating to individual Upward Bound students or group(s) of students who are participating in or who have participated in Upward Bound projects shall not be disclosed to any person, group, agency, or organization without the express permission of the Director, Division of Student Services and Veteran’s Programs, U.S. Department of Education. When a project or contract terminates, all Upward Bound records in possession of the project or contractor shall be disposed of only by the authority of, and in accordance with the procedures approved by, the Director, Division of Student Services and Veteran’s Programs.

In addition, any officer or employee of the United States or of any department thereof who publishes, divulges, discloses, or makes known in any manner or to any extent not authorized by law any information coming to him in the course of his employment or official duties or by reason of any examination or investigation made by, or return, report or record made to or filed with such department or agency or officer or employee thereof, which concerns or relates to the Upward Bound Program shall be subject to a fine of not more than $1,000 or imprisoned for not more than one year, or both, and shall be removed from office or employment under the provisions of Title 18, Section 1905 of the U.S. Code.

(Keep this page for your use, do not return it with your application.)

Upward Bound
Minnesota State University, Mankato
324 Wiecking Center
Mankato, MN 56001
Phone: (507) 389-1211
Fax: (507) 389-6372
UPWARD BOUND APPLICATION INSTRUCTIONS

When filling out the attached student application form to the Upward Bound Program, please be aware of the following:

1. Fill in all information COMPLETELY and ACCURATELY (type or print in dark ink).

2. Be sure to INCLUDE YOUR SOCIAL SECURITY NUMBER. (See notes on page B.)

3. Program regulations require that each applicant’s parents SUBMIT A COPY OF THEIR MOST RECENT TAX RETURN. If you are a foster child, submit a letter from your legal guardian (the county, a social service, etc.) stating that you are a foster child, instead of submitting a tax return. These items are only used to determine if students meet the program’s income guidelines.

4. At the end of the application, there is release form allowing us access to school records. Be sure to complete and sign the form.

5. Submit TWO COMPLETED RECOMMENDATION FORMS. These forms can be completed by teachers, pastors, employers, counselors, coaches, etc., but not by family members.

6. RETURN ALL NUMBERED PAGES (PAGES 1-6) OF THE APPLICATION, the school records release form, the copy of YOUR PARENT’S TAX RETURN, and TWO COMPLETED RECOMMENDATION FORMS (if they were not mailed directly to us by the persons completing them for you) to Upward Bound; Minnesota State University, Mankato; 324 Wiecking Center; Mankato; MN 56001; or to your high school counselor.

(Keep this page for your use, do not return it with your application.)

Upward Bound
Minnesota State University, Mankato
324 Wiecking Center
Mankato, MN 56001
Phone: (507) 389-1211
Fax: (507) 389-6372
UPWARD BOUND IS A TOBACCO-FREE, DRUG-FREE AND ALCOHOL-FREE PROGRAM.

PART I: STUDENT INFORMATION
Student: Begin here and complete the rest of the application, in ink.

Date of Application:______________
Name:________________________________________
Address:________________________________________

                      Street
                      City State Zip
Telephone:________________________
Birthdate:______________ Age:____
Birthplace (city or town):________________________________________
Are you a U.S. citizen? Yes___ No___
If not, are you a permanent resident? Yes___ No___
Social Security No.:________________________
School you attend:________________________
Grade:________ Gender: M___ F___
What is your ethno-racial background (optional)?
  African American___ Asian___ Caucasian___
  Hispanic___ Native American___ Other___

Legal Guardian(s):________________________________________
Address (if different than yours):________________________
Telephone (if different than yours):________________________
With which parent(s)/guardian(s) or other adult do you live?______________

FOR OFFICE USE ONLY - DO NOT COMPLETE THIS SECTION

Date Received:________________________
Date Interviewed:________________________
Date Entered UB:________________________

Dates Reviewed:________________________
Items Missing:________________________
Applicant Accepted: Yes___ No___, because ________________

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PART II: FAMILY INFORMATION AND CONFIDENTIAL FINANCIAL INFORMATION

This section will require help from your parents/guardians.

1A. If you are a foster child (ward of the county, state or social services) complete numbers 2, 3, 4 and 7 only (skip numbers 5 & 6).

1B. If you are not a foster child, skip number 2 and complete items 3 through 7.

2. How much money do your foster parents/guardians receive monthly for your support? __________

3. List the names of the people who support you (or if you are a foster child, your foster parents) and indicate their relationship to you (for example, father, stepmother, foster mother…), their age, and the type of work they do.

<table>
<thead>
<tr>
<th>First &amp; Last Names</th>
<th>Age</th>
<th>Relationship</th>
<th>Type of Work</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>B.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>C.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. List all the other people you live with and their ages. Indicate each's relationship to you (for example, sister, step-brother, foster sister, grandmother…).

<table>
<thead>
<tr>
<th>First &amp; Last Names</th>
<th>Age</th>
<th>Relationship</th>
<th>First &amp; Last Names</th>
<th>Age</th>
<th>Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.</td>
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<td>B.</td>
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<td>C.</td>
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<td>G.</td>
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<tr>
<td>D.</td>
<td></td>
<td></td>
<td>H.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5. Did the people who support you file an income tax return this year or last year? Yes____ or No____. If yes, please list the amount of Taxable Income from the appropriate lines of their most recent federal tax return (e.g. line 6 of 1040EZ, line 27 of 1040A or line 43 of 1040 of 2007 returns). ____________________ (Remember to attach a copy of the return.)

6. List the family's monthly income, if any, from the following sources.
   a. Social Security $_______  
   b. AFDC $_______  
   c. Unemployment $_______  
   d. Other federal, state or county assistance . . . . . . . . . . . $_______
   e. General Assistance $_______  
   f. Pension $_______  
   g. Child Support $_______

7. As the parent/guardian of the applicant, I declare that all of the information provided on Part I and Part II of the application form is correct.

______________________________        ______________________
Signature of Parent/Guardian                Date
PART III: RELEASES

PICTURE RELEASE
I hereby give permission for my picture to be taken in connection with the activities of the Upward Bound Program at Minnesota State University, Mankato and its agencies for use in newspapers, on television, in magazine articles, in brochures, in the yearbook and in presentations concerning the program.

________________________  __________________________
Signature of Student           Date

ACTIVITY AND MEDICAL RELEASE
(A more comprehensive medical history and release will be requested for students attending the Summer Program and/or extended trips out of the area.)

I hereby give permission for my child, ______________________, to participate in all Upward Bound activities, trips, and events and to receive all necessary medical attention when the need arises.

________________________  __________________________
Signature of Parent/Guardian           Date

PARTICIPANT’S RELEASE
I hereby release and hold harmless the State of Minnesota, Minnesota State Colleges and Universities, Minnesota State University, Mankato and their employees from any and all claims and liabilities of any type whatsoever and for injury to or death of any person or persons which may now or hereafter arise out of, result from, or be in any way connected directly or indirectly with Upward Bound Program and its activities.

________________________  __________________________
Signature of Parent/Guardian           Name of Student

________________________  __________________________
Printed Name of Parent/Guardian          Date
The guidelines all Upward Bound students are expected to follow during the academic year are listed below.

1. Upward Bound students must attend school daily, unless their absence has been properly excused by their parents. An excessive number of absences, either un-excused or excused, will not be acceptable.

2. Upward Bound students must attend and participate in weekly tutoring sessions.

3. If an Upward Bound student needs to miss a weekly tutoring session, she/he must contact the Upward Bound office as early as possible, but no later than 7:30 am. (389-1211) of the day of the tutoring session.

4. Upward Bound students must attend each Saturday Session. Students may miss these sessions only if they are involved in a school related activity that conflicts with the session. Missing these sessions for work is not acceptable. (However, if we change the date of a session, students will be given leeway if a work conflict occurs.) Students with un-excused absences from Saturday Sessions will no longer be eligible for Upward Bound scholarships.

5. If an Upward Bound student needs to miss a Saturday Session, she/he must contact the Upward Bound office (389-1211) by the date and time stated in the letter reminding students of the session. This will usually be 4:30 pm. on the Wednesday before the session.

6. Upward Bound students must maintain an acceptable grade point average, as determined by the Upward Bound program and discussed with individual students. (Unless otherwise stated a minimum of a ‘C’ average is expected of all students.)

7. Upward Bound students must enroll in classes that will prepare them for education beyond high school.

8. When registering for next fall's high school classes, Upward Bound students are expected to include a study hall in their schedule. Any exceptions to this should be discussed with us before registration. For most students, taking an extra class is detrimental to overall performance.

9. Upward Bound students must complete and submit any progress report forms the Upward Bound Program may require.

10. Upward Bound students must meet all deadlines established by the Upward Bound Program.

11. Special activities, such as plays, offered by the Upward Bound Program are privileges. Failure to meet the guidelines and expectations of the Program may, and in most cases will, result in exclusion from these activities.

12. Eligibility for any trip we might go on this year will be based on school attendance, attendance at tutoring and Saturday Sessions, academic performance, and the rest of the guidelines listed above. If we do plan such a trip, we will provide you with a more detailed eligibility schedule.

13. While involved in any Upward Bound activity, students may not use tobacco products, alcohol or other drugs, nor may they be involved in sexual activity.

I agree to follow these guidelines as long as I remain a member of the Upward Bound program.

_________________________________________  _________________
Signature of Student                                     Date

I have read and discussed the above guidelines with my son/daughter:

___ I agree with the above conditions.  ___ I disagree with the above conditions. Please contact me.

_________________________________________  _________________
Signature of Parent/Guardian                                     Date
PART V: STUDENT SELF-EXPRESSION

Your short answers to the following questions will give you the opportunity to express your opinions and attitudes and will help us determine whether the services provided by the Upward Bound Program would be beneficial to you. Honest and accurate information is important. Read each question carefully, and then answer it completely. You should print or write your own answers.

1. Of what value do you feel successful completion of high school will be to your future?

________________________________________________________________________

________________________________________________________________________

2. About how many hours each week outside of school do you spend doing your homework?

________________________________________________________________________

3. In your opinion, what is the importance, or lack of importance, of regular attendance at school?

________________________________________________________________________

________________________________________________________________________

4. Are good grades in school important to you? Yes___ or No___ Why or why not?

________________________________________________________________________

________________________________________________________________________

5. How and with whom do you work out problems at home and at school?

________________________________________________________________________

________________________________________________________________________

6. What problems do you have now at home or at school that may affect your education after high school?

________________________________________________________________________

________________________________________________________________________
7. What are your strengths and weaknesses? _________________________________

_____________________________________________________________________

_____________________________________________________________________

8. What do you hope Upward Bound will do for you? _________________________

_____________________________________________________________________

_____________________________________________________________________

9. What is your grade average (A, B-, C+, etc.) _____________________________

10. What is your educational goal (college, vo-tech, etc.)? ____________________

11. What is your career goal (teacher, electrician, etc.)? _____________________

12. Do you have a part-time job? No___ or Yes___  If yes, what is it? ___________

How do the following people or things help or hinder you in being successful, furthering your education, and choosing your career?

Teachers _______________________________________________________________

_____________________________________________________________________

School _________________________________________________________________

_____________________________________________________________________

Parents/Guardians _______________________________________________________ 

_____________________________________________________________________

Home life ______________________________________________________________

_____________________________________________________________________

Friends ________________________________________________________________

_____________________________________________________________________

Boyfriends/Girlfriends __________________________________________________

_____________________________________________________________________

Money _________________________________________________________________

_____________________________________________________________________

Part-time job (if you have one) ____________________________________________

_____________________________________________________________________

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PERMISSION FOR ACCESS TO RECORDS

Student's Name: _____________________________
                    First  Last

To the officials of _____________________________:
                        Name of High School

I hereby grant permission for the Minnesota State University, Mankato

Upward Bound Program to have access to the records of

the student named above, including the cumulative record folder,
grading period report cards, and any transcripts. This information will be
used in providing services to the student and in collecting aggregate data
for research purposes. All information will remain confidential. This release
remains valid until rescinded in writing.

___________________________  _______________
Signature of Student            Date

___________________________  _______________
Signature of Parent/Guardian    Date

Upward Bound
Minnesota State University, Mankato
324 Wiecking Center
Mankato, MN  56001
Phone: (507) 389-1211
Fax: (507) 389-6372
Recommendation for Student Applying to the Upward Bound Program

Student's Name: _____________________________

This student is applying for admission into Minnesota State University's Upward Bound Program. Information about our program is provided on the back of this form. Please address the questions below and provide the following information. Please return the completed evaluation to the student or mail it directly to our office. Our mailing address is:

Upward Bound Program
Minnesota State University, Mankato
324 Wiecking Center
Mankato, MN  56001

1. In what areas do you feel the program can help the student, or how can the program benefit the student?

2. What qualities does the student possess that will help him or her achieve success?

3. What weaknesses, both academic and social, can the program help the student redress?

4. Do you feel the student is committed to improving himself or herself?

5. Please provide any other comments you feel may be appropriate.

__________________________________________  ____________________________
Your Name: ________________________________  Address: __________________________

__________________________________________  ____________________________
Signature: _________________________________  Signature: __________________________

__________________________________________  ____________________________
Position: _________________________________  Date: ____________
UPWARD BOUND PROGRAM

The Upward Bound program is designed to better prepare students academically, socially and culturally for education beyond high school. It’s a program for the student who has given little or no thought to attending a college or vocational school, or is uncertain about his or her success.

The Upward Bound program can help students develop skills necessary to continue their education in preparation for a more successful life.

Located on the campus of Minnesota State University, Mankato, Upward Bound has served over 550 students since its inception in 1978, and currently places 90% of its graduates in colleges, universities, and technical schools across the country.

PROGRAM PHILOSOPHY

Students and staff believe that motivation is a prerequisite for learning. Upward Bound doesn’t lecture, but attempts to help students realize their own strengths, with the hope that they will personally discover the value of education.

Upward Bound only asks students to become dedicated and committed to realizing their own academic and social potential. There is no financial cost to the student or her or his family.

ACADEMIC COMPONENT

During the academic year, the Upward Bound staff will work with students through weekly tutoring and counseling sessions to overcome academic and personal difficulties.

One Saturday each month, students will meet on the campus of Minnesota State University. These sessions will provide academic activities in the morning and a chance to interact with other Upward Bound students, recreationally and socially, in the afternoon. Guest speakers, educational films, and career workshops are often part of the Saturday schedules.

SUMMER COMPONENT

Each summer, students participate in a six-week residential program at Minnesota State University. English, math, and science classes are taught in the morning. In the afternoon, students are able to choose two electives. Emphasis is placed on involvement in class discussions and exposure to new ideas. Additionally, many classes will allow you to advance from your current level of ability at a pace that is both comfortable and challenging. The remainder of the afternoon and evening is reserved for individual study, recreation, athletics, social activities and relaxation.

A variety of field trips and other events are scheduled on weekends. Every Fourth of July, Upward Bound hosts a picnic for students and their families, staff members and university officials. The summer program ends with the annual Awards Banquet.

All university facilities are available to Upward Bound students. Room and board will be provided in the university's residence halls. A stipend, usually $15.00 weekly, is provided to you to cover costs for laundry and incidentals.

BRIDGE SUMMER

The summer following your graduation from high school is referred to as the Bridge Summer. It is a chance to get a jump on college or vocational school and to find out what it takes to succeed in postsecondary education.

Bridge students are enrolled in Minnesota State University's Summer Session. Two courses are taken for college credits. A college survival program is offered to help in preparing term papers, taking essay exams, reading textbooks, taking notes and getting help from professors. Upward Bound furnishes meals, room, tuition and fees.

ELIGIBILITY

Upward Bound seeks students who have the potential for postsecondary education, but who, for any number of reasons, might not continue their education beyond high school. These students may currently exhibit a lack of achievement in their high schools.

To be eligible for the Upward Bound Program, you must, at the time of admission:
1. be 14 years of age and have completed 8th grade and must not have begun 11th grade.
2. have the potential and desire for academic success in high school and postsecondary education.
3. be from a low income family (as judged by the U. S. Department of Education) or from a family in which neither parent has graduated from a four-year college.

We currently accept students from Blue Earth Area, LCWM, Madelia, Mankato East, Mankato West, Maple River and Riverbend Academy high schools.
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5. Please provide any other comments you feel may be appropriate.

________________________________________  _____________________________
Your Name: ______________________________  Address: ______________________

______________________________  ______________________________
Signature: ___________________________  ______________________________

______________________________  ________________
Position: ___________________________  Date: ____________
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