

# WE ARE FAMILY FACS TO THE MAX

APRIL 12, 2024  
WIECKING CENTER



MINNESOTA STATE  
UNIVERSITY, MANKATO  
FAMILY CONSUMER  
SCIENCE

## SCHEDULE OF EVENTS

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| <p><b>8:30</b> Registration and Refreshments<br/><i>Tara Jorgenson, Haley Forret, Maranda Cruz Berriel (Food Production Mgt. Students)</i><br/><b>Location: Wiecking Center Lobby Outside of the Auditorium</b></p> <p><b>9:00</b> Welcome &amp; Orientation<br/><i>Dean Patricia Marincic &amp; Dr. Jill Conlon</i><br/><b>Location: Auditorium</b></p> <p><b>9:15</b> Hello from MN Dept. of Ed.<br/><i>Julia Henderson, FCS Ed. Specialist</i><br/><b>Location: Auditorium</b></p> <p><b>9:25</b> Hello From FCCLA<br/><i>Patrick Mitchell, Minnesota FCCLA Executive Director</i><br/><b>Location: Auditorium</b></p> <p><b>9:25</b> Hello From MAFCS<br/><i>Cherry Cramer, Membership</i><br/><b>Location: Auditorium</b></p> | <p><b>9:45</b> Parenting Through the Ages– Navigating Modern Roles, Social Pressures &amp; Media Influence<br/><i>Dr. Heather Vonbank</i><br/><b>Location: Auditorium</b></p> <p><b>10:15</b> Break &amp; Transition Time</p> <p><b>10:30</b> Session 1 Workshop<br/><i>(see your folder for personal schedule with room numbers)</i></p> <p><b>11:15</b> Break &amp; Transition Time</p> <p><b>11:30</b> Session 2 Workshop<br/><i>(see your folder for personal schedule with room numbers)</i></p> <p><b>12:15</b> Lunch<br/><i>Walk over to University Dining Hall</i></p> | <p><b>1:30</b> Session 3 Workshop<br/><i>(see your folder for personal schedule with room numbers)</i></p> <p><b>2:15</b> Conclusion &amp; Door Prizes<br/><i>Must be present to win. Travel snacks available in the lobby.</i><br/><b>Location: Auditorium</b></p> |
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**Register Here:**  
[link.mnsu.edu/facstothemax2024](https://link.mnsu.edu/facstothemax2024)

**\$75 to attend**  
**(college & high school students FREE)**

**Designed for FCS Educators (grades 5-12), interested high school students and FCS college students.**

## SESSIONS

**Opening Session:** Dr. Heather VonBank, FCS Department Chair

“Parenting Through the Ages: Navigating Modern Roles, Social Pressures, and Media Influences”

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| <ol style="list-style-type: none"> <li>1. Birth Order and Childhood Experiences</li> <li>2. Elevating the Future for FCS Education</li> <li>3. Find Your IKIGAI</li> <li>4. Ignite Your Student’s Passion for FACS Through FCCLA</li> </ol> | <ol style="list-style-type: none"> <li>5. Meal Kit Subscription Box Project</li> <li>6. Minnesota Mandate: Empowering Students with Financial Literacy</li> <li>7. Modern Classrooms - for Culinary and any FCS Class</li> <li>8. Social-Emotional Learning in FCS</li> <li>9. Sizzlin’ Skillet</li> </ol> | <ol style="list-style-type: none"> <li>10. Sweet &amp; Savory Tortilla Bowls</li> <li>11. The Hidden Dangers of Wellness Culture</li> <li>12. The Snowball Effect - Positivity</li> <li>13. Unified FACS - Unifying General Education and High Needs Center Based Students in FACS</li> </ol> |
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## SHIRTS



**Order a “We Are Family” Minnesota State Mankato FCS long sleeve t-shirt!**

- Cost: \$28 (pickup) \$33 (mailed)
- Sizes: Small - 2XL (Unisex sizing)
- Pick up at FACS to the Max or mailed out after the event.



**Order Here:**  
[link.mnsu.edu/facstothemax2024](https://link.mnsu.edu/facstothemax2024)